

## LIPOSUCTION (COSMETIC) EVIDENCE BASED INTERVENTIONS (EBI) POLICY

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Application Form	Generic EBI Application

**LIPOSUCTION (COSMETIC)  
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**VERSION CONTROL**

<b>Document Status:</b>	<b>Current policy</b>
Version:	2223.v3b

**DOCUMENT CHANGE HISTORY**

<b>Version</b>	<b>Date</b>	<b>Comments</b>
1516.v1a	July 2015	Remove from SCCG Guidance for Clinicians Document to separate policy template
1617.v2	July 2017	Change from CSU template to SCCG template and correction of version control 1516.v2 to 1617.v2
1617.v2b	February 2019	New policy layout and template
1819.v2b	June 2020	Update template, rebranding from IFR to EBI, 3 year review no clinical amendments
2021.v3	July 2022	Amendment from SCCG to NHS Somerset ICB. New PALS email address
2223.v3a	March 2023	Wording change 4.6

<b>Equality Impact Assessment (EIA) Form OR EIA Screening Form completed. Date:</b>	April 2018
<b>Quality Impact Assessment QIA. Date:</b>	March 2018
<b>Sponsoring Director:</b>	Sandra Corry
<b>Document Reference:</b>	2223.v3b

## **1 GENERAL PRINCIPLES (EBI)**

- 1.1 Funding approval must be secured prior to a referral for an assessment and/or surgery. Referring patients to secondary care without funding approval having been secured not only incurs significant costs in out-patient appointments for patients that may not qualify for surgery, but inappropriately raises the patient's expectation of treatment
- 1.2 On limited occasions, we may approve funding for an assessment only in order to confirm or obtain evidence demonstrating whether a patient meets the criteria for funding. In such cases, patients should be made aware that the assessment does not mean that they will be provided with surgery and surgery will only be provided where it can be demonstrated that the patients meets the criteria to access treatment in this policy
- 1.3 Funding approval will only be given where there is evidence that the treatment requested is effective and the patient has the potential to benefit from the proposed treatment. Where it is demonstrated that patients have previously been provided with the treatment with limited or diminishing benefit, funding approval is unlikely to be agreed
- 1.4 Receiving funding approval does not confirm that they will receive treatment or surgery for a condition as a consent discussion will need to be undertaken with a clinician prior to treatment
- 1.5 The policy does not apply to patients with suspected malignancy who should continue to be referred under 2 week wait pathway rules for assessment and testing as appropriate
- 1.6 Patients with an elevated BMI of 30 or more may experience more post-surgical complications including post-surgical wound infection so should be encouraged to lose weight further prior to seeking surgery.  
<https://www.sciencedirect.com/science/article/pii/S1198743X15007193>  
(Thelwall, 2015)
- 1.7 Patients who are smokers should be referred to smoking cessation services in order to reduce the risk of surgery and improve healing

## **2 POLICY CRITERIA NOT COMMISSIONED**

Liposuction surgery/treatment is not commissioned

## **3 BACKGROUND**

- 3.1 Liposuction is a type of cosmetic surgery used to remove unwanted body fat. The operation is also known as liposculpture or suction-assisted lipectomy. Liposuction is carried out on areas of the body where deposits of fat tend to collect, such as the buttocks, hips, thighs and tummy

- 3.2 The procedure is generally used to improve appearance rather than treat health conditions. Liposuction permanently removes fat cells and can alter body shape, although the results may not last if you put on weight after the procedure
- 3.3 Liposuction isn't a treatment for obesity, and it won't remove cellulite or stretch marks. (NHS Choices, 2015)
- 3.4 Further information on liposuction can be found on the websites for the British Association of Plastic Reconstructive and Aesthetic Surgeons (BAPRAS) (British Association of Plastic Reconstructive and Aesthetic Surgeons, 2015) and The British Association of Aesthetic Plastic Surgeons (BAAPS) (The British Association of Aesthetic Plastic Surgeons)

#### **4 EVIDENCE BASED INTERVENTIONS APPLICATION PROCESS**

- 4.1 Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or Consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy
- 4.2 Completion of a **Generic EBI Application Form** by a patient's GP or Consultant is required
- 4.3 Applications cannot be considered from patients personally
- 4.4 Only electronically completed EBI applications will be accepted to the EBI Service
- 4.5 It is expected that clinicians will have ensured that the patient, on behalf of who they are forwarding the application for, is appropriately informed about the existing policies prior to an application to the EBI service. This will reassure the service that the patient has a reasonable expectation of the outcome of the application and its context
- 4.6 EBI applications are reviewed and considered against clinical exceptionality

For further information on 'clinical exceptionality', please refer to the NHS Somerset ICB website and input into the 'Search this website' box clinical exceptionality. Click on the link to access the full NHS description of clinical exceptionality

Social, Emotional and Environmental factors *i.e. income, housing, environmental pollution, access to services, family, friends, ethnicity, life experiences etc.* CANNOT be considered with an application

- 4.7 Where appropriate photographic supporting evidence can be forwarded with the application form
- 4.8 An application put forward for consideration must demonstrate some unusual or unique clinical factor about the patient that suggests they are exceptional as defined below:
- Significantly different to the general population of patients with the condition in question
  - Likely to gain significantly more benefit from the intervention than might be expected from the average patient with the condition

## 5 ACCESS TO POLICY

- 5.1 If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Patient Advice and Liaison Service on Telephone number: 08000 851067
- 5.2 **Or write to us:** NHS Somerset ICB Freepost RRKL-XKSC-ACSG, Yeovil, Somerset, BA22 8HR or **Email us:** [somicb.pals@nhs.net](mailto:somicb.pals@nhs.net)

## 6 REFERENCES

- The following sources have been considered when drafting this policy:
- 6.1 British Association of Plastic Reconstructive and Aesthetic Surgeons. (2015). *Liposuction*. Retrieved 04 14, 2016, from British Association of Plastic Reconstructive and Aesthetic Surgeons:  
<http://www.bapras.org.uk/public/patient-information/surgery-guides/liposuction>
- 6.2 NHS Choices. (2015, 04 09). *Cosmetic Surgery*. Retrieved 04 14, 2016, from NHS Choices:  
<http://www.nhs.uk/Conditions/Cosmetic-surgery/Pages/Introduction.aspx>
- 6.3 NHS Choices. (2015, 05 13). *Liposuction*. Retrieved 04 14, 2016, from NHS Choices:  
<http://www.nhs.uk/conditions/Liposuction/Pages/Introduction.aspx>
- 6.4 The British Association of Aesthetic Plastic Surgeons. (n.d.). *Liposuction*. Retrieved 04 14, 2016, from The British Association of Aesthetic Plastic Surgeons: