

CIRCUMCISION CRITERIA BASED ACCESS (CBA) POLICY

Version:	2223.v1.1d
Recommendation by:	NHS Somerset ICB Clinical Commissioning Policy Forum (CCPF)
Date Ratified:	March 2018
Name of Originator/Author:	EBI Team
Approved by Responsible Committee/Individual:	NHS Somerset ICB Clinical Operations Group (COG)
Publication/issue date:	October 2018
Review date:	Earliest of either NICE publication or 3 years from issue
Target audience:	<p>NHS Somerset ICB:</p> <ul style="list-style-type: none"> • NHS Providers • GP Practices • Contracts Team <p>Medical Directors:</p> <ul style="list-style-type: none"> • Taunton & Somerset NHS FT • Yeovil District Hospital NHS FT • Royal United Hospitals Bath NHS FT • Somerset Partnership NHS FT
Application Form	EBI Generic application form if appropriate to apply

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VERSION CONTROL

Document Status:	Current policy
Version:	2223.v1.1d

DOCUMENT CHANGE HISTORY

Version	Date	Comments
1516.v1.1	July 2017	Change from CSU template to SCCG template
1516.v1.1a	March 2018	3 year review & new policy Template
1819.v1.1b	July 2022	Amendment from SCCG to NHS Somerset ICB. New PALS email address
2223.v1.1c	March 2023	Wording change 3.5

Equality Impact Assessment (EIA) Form OR EIA Screening Form completed. Date:	April 2018
Quality Impact Assessment QIA. Date:	February 2018
Sponsoring Director:	Sandra Cory
Document Reference:	2223.v1.1d

1 GENERAL PRINCIPLES (CBA)

- 1.1 Treatment should only be given in line with these general principles. Where patients are unable to meet these principles, in addition to the specific treatment criteria set out in this policy, funding approval may be sought from the ICB's Evidence Based Interventions Service (EBI) by submission of an EBI application form
- 1.2 Clinicians should assess their patients against the criteria within this policy prior to a referral and/or treatment
- 1.3 Treatment should only be undertaken where the criteria have been met and there is evidence that the treatment requested is effective and the patient has the potential to benefit from the proposed treatment. Where the patient has previously been provided with the treatment with limited or diminishing benefit, it is unlikely that they will qualify for further treatment
- 1.4 Referring patients to secondary care without them meeting the criteria or funding approval having been secured not only incurs significant costs in out-patient appointments for patients that may not qualify for surgery, but inappropriately raises the patient's expectation of treatment
- 1.5 On limited occasions, the ICB may approve funding for an assessment only in order to confirm or obtain evidence demonstrating whether a patient meets the criteria for funding. In such cases, patients should be made aware that the assessment does not mean that they will be provided with surgery and surgery will only be provided where it can be demonstrated that the patients meets the criteria to access treatment in this policy
- 1.6 Patients should be advised being referred does not confirm that they will receive treatment or surgery for a condition as a consent discussion will need to be undertaken with a clinician prior to treatment
- 1.7 The ICB does not commission surgery for cosmetic purposes alone
- 1.8 The policy does not apply to patients with suspected malignancy who should continue to be referred under 2 week wait pathway rules for assessment and testing as appropriate
- 1.9 Patients with an elevated BMI of 30 or more are likely to receive fewer benefits from surgery and should be encouraged to lose weight further prior to seeking surgery. In addition, the risks of surgery are significantly increased (Thelwall, 2015)
- 1.10 Patients who are smokers should be referred to smoking cessation services in order to reduce the risk of surgery and improve healing (Loof S., 2014)

2 POLICY CRITERIA

- 2.1 Circumcision for religious or cultural reasons is **not** funded
- 2.2 The ICB only funds circumcision for therapeutic reasons. If a patient fulfils the criteria below no prior approval is required, please ensure the referral to secondary care indicates how the patient fulfils the criteria and the medical records evidence this
 - 2.2.1 The following referrals do not need prior approval:
 - 2.2.2 Suspicion or evidence of **malignancy**
 - 2.2.3 **Frenuloplasty** when carried out because the frenulum tears or bleeds during intercourse
 - 2.2.4 **Phimosis** in adults or children
 - 2.2.5 **Phimosis** in adults leading to paraphimosis for difficulties in erection
 - 2.2.6 **Recurrent, troublesome episodes of infection** beneath the foreskin (balanitis (adults only) and balanoposthitis); this includes balanitis xerotica obliterans (BXO) that has not responded to conservative treatment
 - 2.2.7 **Where specialist paediatric** surgeons or urologists may need to perform a circumcision for some rare conditions

3 EVIDENCE BASED INTERVENTIONS APPLICATION PROCESS

- 3.1 Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or Consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy
- 3.2 Completion of a **Generic EBI Application Form** by a GP or Consultant may be put forward
- 3.3 Applications cannot be considered from patients personally
- 3.4 It is expected that clinicians will have ensured that the patient, on behalf of who they are forwarding the application for, is appropriately informed about the existing policies prior to an application to the EBI service. This will reassure the service that the patient has a reasonable expectation of the outcome of the application and its context
- 3.5 EBI applications are reviewed and considered against clinical exceptionality

For further information on 'clinical exceptionality' please refer to the NHS Somerset ICB website and input into the 'Search this website' box clinical exceptionality.

Social, Emotional and Environmental factors *i.e., income, housing, environmental pollution, access to services, family, friends, ethnicity, life experiences etc.* CANNOT be considered with an application

- 3.6 An application put forward for consideration must demonstrated some unusual or unique clinical factor about the patient that suggests they are exceptional as defined below:
 - 3.6.1 Significantly different to the general population of patients with the condition in question
 - 3.6.2 Likely to gain significantly more benefit from the intervention than might be expected from the average patient with the condition

4 ACCESS TO POLICY

- 4.1 If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Patient Advice and Liaison Service on Telephone number: 08000 851067
- 4.2 **Or write to us:** NHS Somerset ICB, Freepost RRKL-XKSC-ACSG, Yeovil, Somerset, BA22 8HR or **Email** us: somicb.pals@nhs.net