**KNEE ARTHROSCOPY without OSTEOARTHRITIS**

**Prior Approval Treatment**

**Application Form**

**Please complete electronically – Handwritten applications CANNOT be processed**

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| **Date of Application**  |  |
| **PATIENT INFORMATION** | **PRIVATE & CONFIDENTIAL** | **SM** |  |  |  |  |  |
| **Does this case need to be reviewed urgently due to clinical need?** *If yes, please explain.* | [ ]  **YES** [ ]  **NO** | If yes, please state any clinical reasons that may make this application clinically urgent:      |
| **Name** |       | **Gender** |       |
| **Address** |       |
| **Date of Birth** |       | **NHS Number** |       |
| **I understand that it is a legal requirement for fully informed consent to be obtained from the patient (or their legitimate representative) prior to disclosure of their personal details** for the purpose of a Panel/EBI team to decide whether this application will be accepted and treatment funded. *[The information shall be legitimately shared under Article 6(1) (e) Public Task and Article 9(2) (h) Provision of Health Treatment of the GDPR].* **By submitting this application form I, the referring clinician, confirm the patient or patient representative has been informed of the details that will be shared for the aforementioned purpose and consent has been given.** |
| **Patient’s BMI**  |

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|       |

  | **Date Recorded by Clinician** |

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|       |

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| **Patient’s Smoking Status**  |       |
| **Applications received without a Clinician / GP name CANNOT BE PROCESSED** |
| **The Clinician** completing the application form please put your details below |
| **Name of GP / Clinician**  |       |
| **Role / Job Title** |       |
| **GP Practice or Hospital Address** |       |
| **Telephone** |       | **Email** |       |
| ***Please note.* If the clinician completing this application form is not the patients GP please input the patients GP details below** |
| **GP Name** |       | **GP Practice and Address** |       |

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| **CLINICAL EVIDENCE STATEMENT*****Please note.*** This application CANNOT BE PROCESSED without relevant clinical evidence to demonstrate that the Policy Criteria for the requested treatment has been met by the patient.  Copies of relevant clinical evidence should be provided with the application as follows:* **Relevant clinical history relating to the intervention requested** e.g. symptoms, duration and time course, fluctuations, nature and severity, exacerbating and relieving factors, and clinical impact upon activities of essential daily living. This may include all relevant consultation notes /letters.
* **Relevant summary of medical history**
* **All relevant Diagnostic Reports and Investigation Results**
* **All relevant Secondary Care Reports and correspondence relating to the intervention requested**
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| **CRITERIA** |
| 1. Where a clinical assessment suggests the patient may have a **“red flag”** condition and therefore treatment is needed urgently, refer for treatment without delay and without further reference to the criteria below **“red flag”** conditions include:

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| Septic Arthritis / infection | Carcinoma | bony fracture |
| avascular necrosis | A “locked knee” with complete block to extension |

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| 1. Knee arthroscopy surgery for the treatment of osteoarthritis (OA) is not commissioned. NICE recommends that arthroscopic knee washout should not be used as a treatment for patients with osteoarthritis. Arthroscopic knee washout (lavage and debridement) should not be used as a treatment for osteoarthritis because it is clinically ineffective. For further information:

https://[www.nice.org.uk/guidance/ipg230/chapter/1-Guidance](http://www.nice.org.uk/guidance/ipg230/chapter/1-Guidance) |
| 1. **The patient is 44 years of age and under without osteoarthritis**

Conservative Management over a period of 3 or more months has been fully explored and complied with but failed. The supporting evidence is included with the funding application.Conservative management includes the following.* + Patient education
	+ Weight loss interventions
	+ Support from the intermediate musculoskeletal services
	+ Physiotherapy
	+ Pain management with non-steroidal anti-inflammatory drug (NSAID) painkillers
 | **YES [ ]**  |
| **4. The patient is 45 years of age and over without osteoarthritis** Conservative Management over a period of 3 or more months has been fully explored and complied with but failed. The supporting evidence is included with the funding application.Conservative management includes the following.* + Patient education
	+ Weight loss interventions
	+ Support from the intermediate musculoskeletal services
	+ Physiotherapy
	+ Pain management with non-steroidal anti-inflammatory drug (NSAID) painkillers
 | **YES [ ]**  |
| **Additional supporting Information can be typed here or attached:** |  |

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| **Clinical Evidence provided to support the application.** *Please, indicate the documents included**in this application:***Relevant clinical history relating to the requested intervention****is included with this application****A Referral Letter is included with this application****Relevant diagnostic reports and/or investigation results are included with this application****Clinician Letter/s are included with this application****A Patient Letter to support relevant clinical evidence is included with this application****By submitting this form, you confirm that the information provided is, to the best of your knowledge, true and complete.**  | **YES** **[ ]  NO [ ]** **YES [ ]  NO [ ]** **YES [ ]  NO [ ]** **YES [ ]  NO [ ]** **YES [ ]  NO [ ]**  |

**Email the completed Prior Approval Application form and clear clinical evidence to support the application to:** **somicb.ebisomerset@nhs.net**