

NHS Somerset Prescribing Leads Afternoon Welcome!

The NHS Somerset Medicines Management Team

May 2023

House Keeping

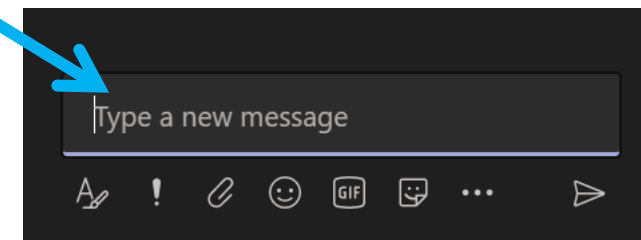
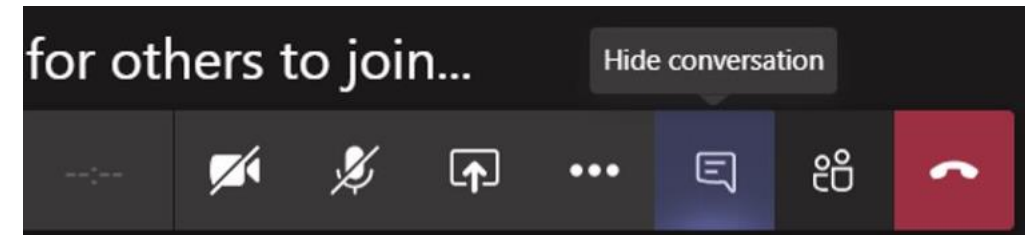
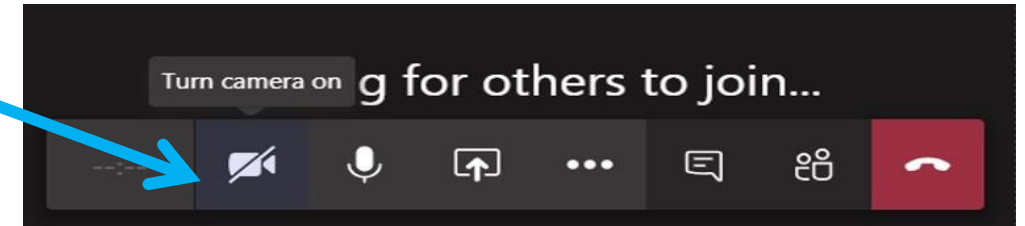
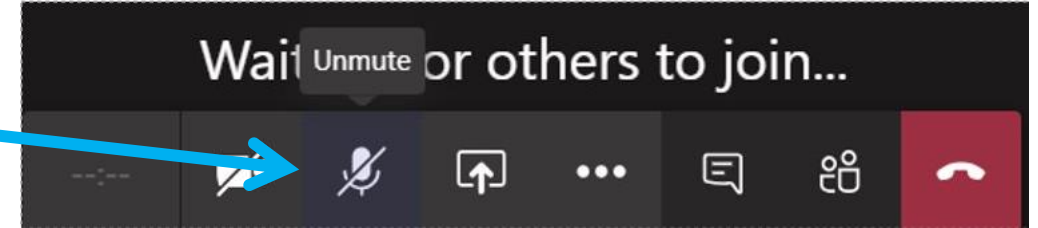
Please ensure your microphone is muted

Please ensure your camera is switched off

Please select 'Show Conversation' from your toolbar

This should open a 'Chat' window on the right-hand side of your screen which you can use to submit any questions while also viewing the slides.

We will respond to your questions and ask individuals to unmute their microphones at the appropriate time



- Pre-scribe – to lay down or impose authoritatively
- (Latin Prae-scribere: to lay down in writing)
- Important use of power (sometimes) Rx = Recipe (a command – TAKE)
- Voltaire (French 19thC)
- “The art of medicine consists in amusing the patient, while nature cures the disease”

Modern Prescribing

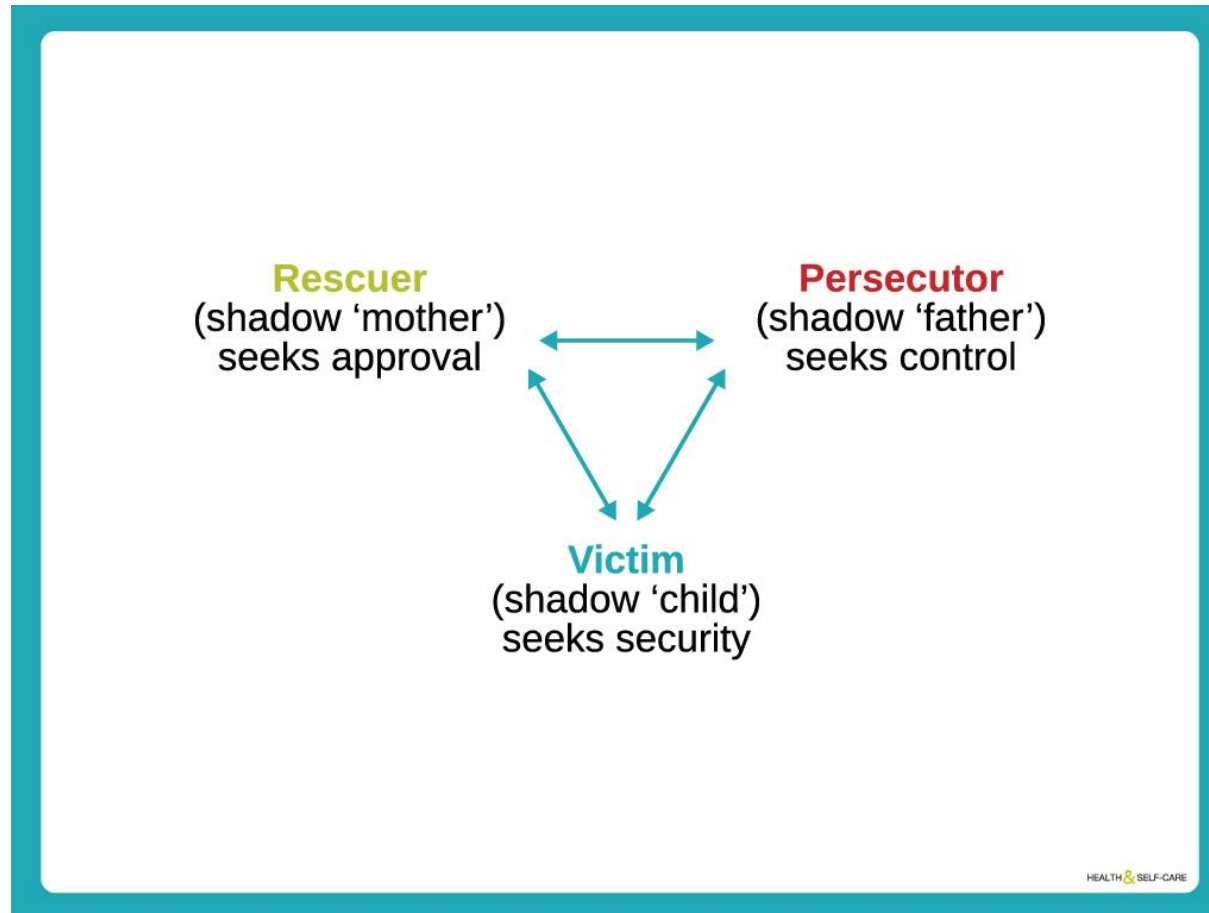
- Much benefit
- Powerful interventions
- Use wisely and avoid waste
- NNTs for conversations with patients
- <https://gpevidence.org> Dr Julian Treadwell (excellent!)
- www.thennt.com

- Biggest waste is the medicines never taken

- Ensuring we tackle unmet need
- Some medicines are much easier not to start than to deprescribe (opiates, anxiolytics)
- Medicines can't fix everything (even though patients and doctors might hope they can)
- Doctors can be tempted to problem solve rather than observe process

The Drama Triangle

www.healthandself.care p78 – also p70 on



Non-Medical Prescribing - and a Question

- Nature based interventions
- Learning, books, resources, web
- Hope
- Avoid using powerful medicines as placebos...

The afternoon

- Please complete evaluations as you go, and send to Shelley.hodder@nhs.net
- Welcome to the Team