

# Prescribing Leads Conference

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**Chair, Medicines Management and Evidence Based Interventions**

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# Housekeeping

- Welcome to you all
- Two sections with a break
- Camera on if you wish
- Chat will be open where an on-line Evaluation Form will be available
- Questions at end of each section
- Thankyou to our speakers

# Greek, Latin and Olde English

- Dia-gnosis (G)– a resolving, deciding
- Pro-gnosis – a foreknowledge
- Therapon - an attendant
- Therapeuo - to attend, including the Gods. Fourth meaning – to attend and heal the sick
- Pre-scribere – to set out in writing (scribere - to write)
- Re-cipere (L) – to take
- Recipe – ‘take this’ - R<sub>x</sub>
- Health – hale – heal-th (haelan OE) soundness of body, (good) condition of body. Heal – to restore to health, to cure

# Greek, Roman and Olde English

- No modern medicines
- Some specific herbs
  
- Get the environment right (eg sanatoria- sana – health)
- Strengthen the Person (nutrition, exercises etc)
- Address the wound / illness
  
- Some ‘dodgy’ practices – and some that seemed to work

- Advise a course of action
  
- Nutrition / diet
- Surgery
- Physio-therapy
- Biblio-therapy
- Psycho-therapy
- Nature-based therapy
- Social interventions
  
- Medicines

# Prescribing Medicines

- Right diagnosis
- Lifestyle and other advice to strengthen the person (??including trace elements, nutrition etc)
- Right medicine
- Right time
- Right duration
- ? Not to prescribe
- Deprescribing
- Non-medical prescribers

- <https://formulary.nhssomerset.nhs.uk>
- eBNF
- GP Evidence for NNTs and NNHs
- <https://gpevidence.org>
- NICE (but rarely NNTs or NNHs)
- BMJ series (new on Medicines for non-medical prescribers eg omeprazole, paracetamol)