

Infection Prevention & Control Care Provider Newsletter



Issue No. 16

Email: somicb.infectionpreventioncontrolteam@nhs.net

March 2025

Top tips to prevent Urinary Tract Infections

THE care home assessment tool can be used to inform your GP if a resident is thought to have a UTI. Urine dip tests are not recommended in over 65 years as it can lead to misdiagnosis and inappropriate prescribing.

Always send a sample. Symptoms to consider:

- Dark-coloured urine, (considering medica tions that can discol our urine)
- Increased frequency passing urine
- Confusion
- Discomfort
- Altered observa tions, (RESTORE/ MEWS)

Hydration

Keeping your residents hydrated can reduce their risk of developing UTIs. It



can be challenging to increase an individual's fluid intake, but using fluid-rich foods might help, e.g.

- Smoothies
- Fruit Juice
- Lollies
- Pureed fruit
- Fruit generally, (watermelon)
- Cucumber and tomatoes

DoB	Older patier (urinary trac Guidana for ce Congos DO NOT CEARLY	tts (>65) w t infection home staff 1) to 4) and pa exercises usin the - UTI hip particularly if	ith suspected UTI	NHS omerset
1) Catheter	Y J N Reason for catheter			
	er infection source? Y / N If yes, ci s of treats Spulars production No	rcle any NE	W symptoms Dantons Abdomini pen Rodinani ywiden are	a of olim
3) Can patient come	sunicate sumetoms V / N		4) Record for all patients:	
New onset sign/symptom	What does this mean?	Tick if	Sign/symptom	Tick if
Dynama	Pen on unneting	*	Temp above 30c or below 30c or shaking chills (squrs) in last 24.	-
Ukannoy	Need to pass unite urgerity/new incordingnos		Heart rate 790 beats trut	_
Frequency	Need to unnate more often than usual		Respeatory rate 700 breaths man	
Suprapular territoriess	Pan it lines tommy above pubic area		(Notetic?	
Hannatura	Visite stood in urine		if not debetic - blood glucose >? /mmcrt,	
Polyuna	Pleasing bigger volumes of unite their usual		New moortmence	
Lon-pan	Lower back part		New cross or worsening confusion or agitation	
Any other information				
a) Patient visit required b) Uncomplicated lower c) Mid-stream urine spi		rfection) realment	e) Antibotic prescribed: (please document) I) Any other actions:	
Has care home been contacted with clinical decision: Yes No			Signed Date:	

- Jellies
- Puddings
- Soups
- Stews
- Milk

Training opportunities for care home staff

The LARCH Team can now offer free education on the following topics. Face-to-face within the care setting.

- Catheter Care*
- Nebuliser*
- Falls Awareness
- Front of Mouth Suction*
- Mouthcare
- RESTORE2
- RESTORE Mini
- Stoma Care*

- Urinary Sheath*
- Syringe driver Competencies*
- Pressure Ulcer Prevention & Management
- Treatment Escalation Plans
- Nutrition and Hydration

*Competency as-

Contact the larch team: larch@somersetft.nhs.uk

Dysphagia awareness training dates

9:30-11am 24th April 26th June 28th August 30th October

JOIN us for a onehour Dysphagia Awareness session followed by a question and answer session with a Speech and Language Therapist, via MS Teams.

This training is aimed at all levels of staff within care homes, and those working and supporting adults with Dysphagia.

Please contact
Adult Speech and
Language Therapy on
sltcarehomes@somer
setft.nhs.uk for further
information.

Dates for your diary

Virtual IPC clinic

LOG on to our virtual IPC clinic — no appointment necessary. Our team will be waiting to answer any IPC-related queries you may have.

The clinics are held monthly and the next one is on Wednesday 12 March 2025 between 2 and 4pm.

Please click here to access.

Email addresses

WE HAVE recently updated our care home contact lists as we have noticed that we are getting an awful lot of 'bouncebacks' where email addresses are no longer valid.

It is vitally important that you send us your up to date email address so that cascades from UKHSA, NHSE and also our newsletter reaches you. Please let us know any changes by emailing the team inbox.

Glowbox

WE HAVE a hand hygiene glow box, which providers are welcome to borrow for their in-house training sessions. Collect and return to Wynford House, Yeovil. Email the team inbox to book

Website: www.nhssomerset.nhs.uk/for-clinicians/infection-control/infection-control-in-care-homes