



Somerset

NHS Foundation Trust

SHOW ME YOUR MEDS ...PLEASE?

Deb Gompertz, Complex Care GP

Somerset Foundation Trust

**Health
Innovation
Network**



Reduction in medicines waste

Individualised care

Environmental and cost saving benefits



PART 1

Community: 12 weeks

1047 individual months of prescriptions

1693 Kg avoidable carbon emissions

5417 miles in UK petrol car

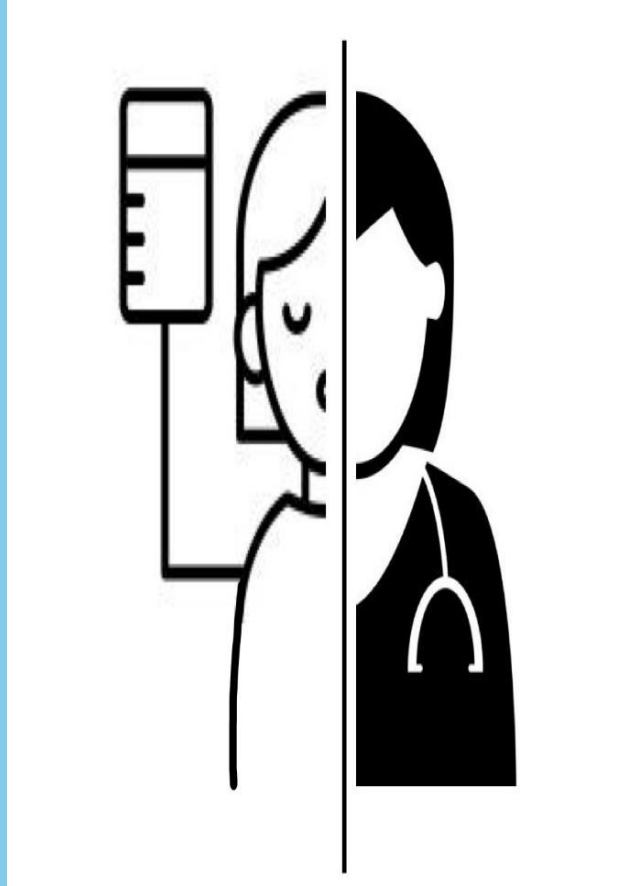


PERSON

Holistic care

Shared decision making

Cognitive impairment
identification



HEALTH/SOCIAL CARE

Treatment long term
conditions

Simplification of
medication regimes

Cost

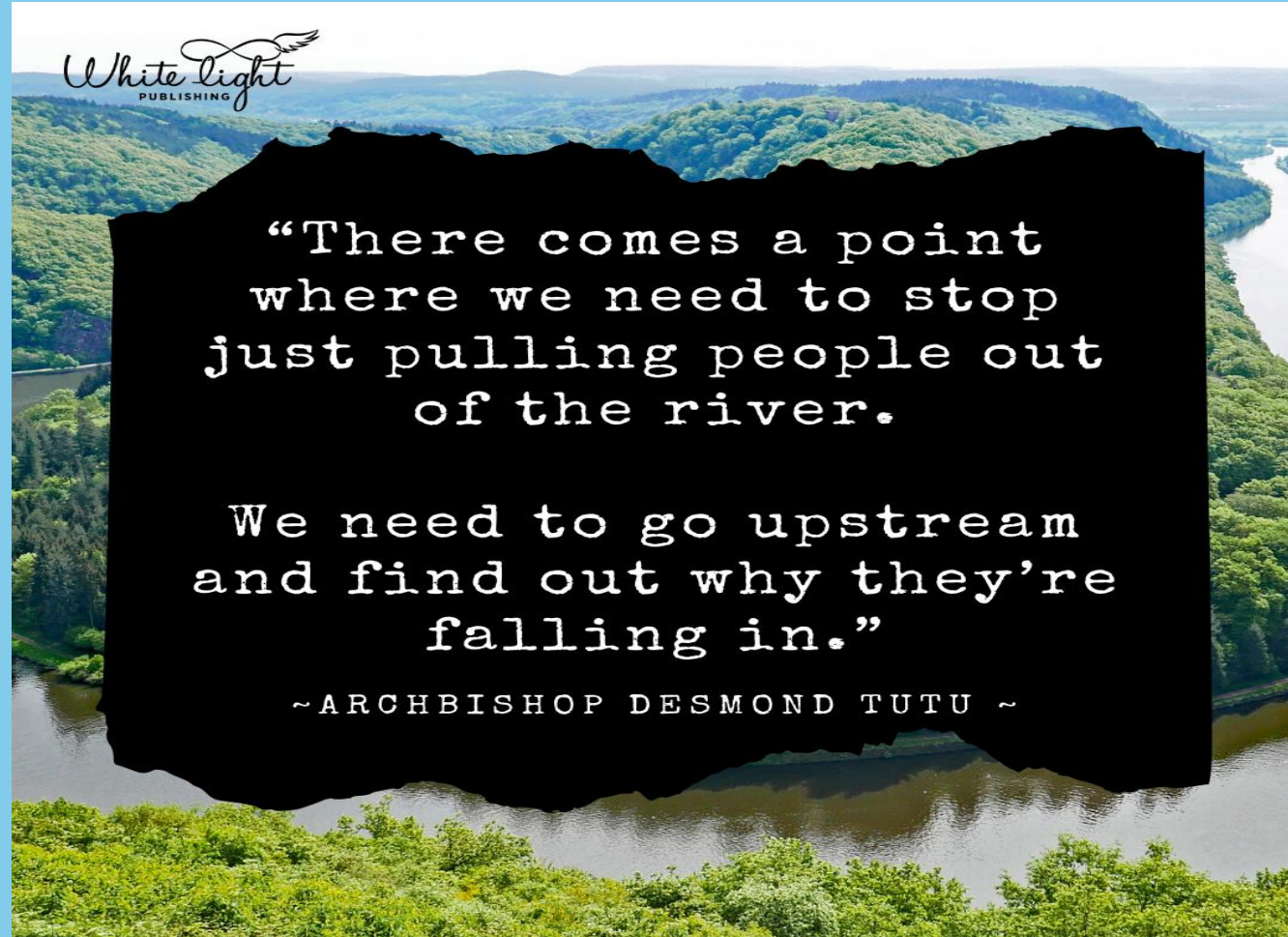


Part 2 – Retirement Village

Replicate

Populations most benefit

Proactive





Incidence of non-adherence	
People receiving visits in the community	25%
Retirement village	11%
Medically optimised ward (Assessed as needing follow up)	80%

Complex care in the community (original study) 12 weeks

1047 individual months of prescription

1693Kg avoidable carbon emission

Retirement village (part 2) 6 weeks

10.3 kg weight of unpackaged medicines collected

515 individual months of prescriptions estimated not taken

846.5Kg estimated avoidable carbon emission

PART 3 – Somerset

Community Teams

Medicine Flow

Teaching-resources



FUTURE

Collaborative working

Structured Medication Reviews

Single prescribing document





Cost to the **ENVIRONMENT**

Cost to **PEOPLE**

Cost to **NHS**

**Health
Innovation
Network**



**Accelerated
Access
Collaborative**

NHS

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