REPORT TO:	**NHS SOMERSET INTEGRATED CARE BOARD** **ICB Board Part A**	**ENCLOSURE:** **F**
DATE OF MEETING:	**25 July 2024**	
REPORT TITLE:	**Transitioning to adult health services**	
REPORT AUTHOR:	**Katy Crabbe, Associate Director of Women and Childrens Health**	
EXECUTIVE SPONSOR:	**Shelagh Meldrum, Chief Nursing Officer and Chief Operating Officer**	
PRESENTED BY:	**Katy Crabbe, Associate Director of Women and Childrens Health**	

PURPOSE	DESCRIPTION	SELECT
Approve	To formally receive a report and approve its recommendations, (authorising body/committee for the final decision)	☐
Endorse	To support the recommendation (not the authorising body/committee for the final decision)	☒
Discuss	To discuss, in depth, a report noting its implications	☐
Note	To note, without the need for discussion	☐
Assurance	To assure the Board/Committee that systems and processes are in place, or to advise of a gap along with mitigations	☐

LINKS TO STRATEGIC OBJECTIVES
(Please select any which are impacted on / relevant to this paper)

- ☒ Objective 1: Improve the health and wellbeing of the population
- ☒ Objective 2: Reduce inequalities
- ☒ Objective 3: Provide the best care and support to children and adults
- ☒ Objective 4: Strengthen care and support in local communities
- ☒ Objective 5: Respond well to complex needs
- ☒ Objective 6: Enable broader social and economic development
- ☒ Objective 7: Enhance productivity and value for money

PREVIOUS CONSIDERATION / ENGAGEMENT

Charter has been co-produced with children and young people in Somerset with complex needs through the Unstoppables group. This report has previously been discussed at the children, young people and families programme board.

REPORT TO COMMITTEE / BOARD

The number of children with life-limiting conditions in England is known to be increasing, which has been attributed in part to increased survival times. Consequently, more of these young people will reach ages at which they start transitioning to adult healthcare. By not ensuring that there is a good transition from children's to adult services we know that we will see increases in poor health outcomes and quality of life, increase pressure on health and care resources and reduced life expectancy.

There is a significant amount of partnership work underway in somerset to improve pathways and communication however we continue to have gaps in supporting coordination of care once young adults move to adult health services.

The ask of the board today is:

- To commit to ensuring that a future transitions service is in place for young adults in Somerset which includes medical expertise and healthcare coordination.
- To endorse the co–produced charter and support its use across Somerset providers of health and social care.
- To commit to supporting Somerset system partners to continue to collaborate to improve the quality of experience for young people in their transition to adult services.

IMPACT ASSESSMENTS – KEY ISSUES IDENTIFIED (please enter 'N/A' where not applicable)	
Reducing Inequalities/Equality & Diversity	Ensuring that young adults have equitable access to quality health and care provision.
Quality	Improve experience for young adults.
Safeguarding	NA
Financial/Resource/ Value for Money	NA
Sustainability	NA
Governance/Legal/ Privacy	NA
Confidentiality	NA
Risk Description	

CHILDHOOD TO ADULTHOOD CHARTER

This Charter has been developed by young people for young people and to help services identify and implement effective, young people centred transition.

As services in Somerset, we will:

Support Children and Young People (CYP) to develop the skills to support any transition in their life (preparation for transition)

Work together to ensure that CYP and their families do not have to tell their story more than once.

Ensure CYP and their families understand the help and support available to them and how to access it in a manner and timing most appropriate for them.

Use the feedback and data to understand where things are not working for CYP and their families and continue to gain feedback as we make improvements.

Undertake individual planning with all CYP who need additional help or support to ensure a smooth transition.

Better coordinate multi-agency support to those CYP with highly complex needs who are at risk of receiving a fractured/disjointed service provision.

Ensure CYP and their families are at the centre, and fully engaged in all decisions pertaining to their future support needs.

Ensure all options and preferences for future support are fully explored, prioritised and agreed between the young person and the professionals concerned.

Our rights - what does this mean?

QUALITY OF CARE

The Right:

To be treated with a professional standard of care before, during, and after transition.

For the services we transition into to be of a continuously improving standard.

To develop our own transition plan to fit with our needs, rather than the needs of services.

RESPECT, CONSENT AND CONFIDENTIALITY

The Right:

To dignity and respect throughout the transition process.

To be treated with kindness

To have our decisions supported

For more time for things to be explained properly and be patient with us (especially Learning Difficulties & Disabilities)

To be listened to

To be aware of how our personal information is used and where it goes.

To be treated the same as an adult

To be treated in a non-discriminatory way

INFORMED CHOICE

The Right:

To be made aware of what is happening before, during, and after transition.

To be given enough information about treatment options before and throughout transition, including risks and benefits.

To an advocate throughout the transitions process.

To be informed at every stage of our transition.

To a 'Transition Passport' in a format chosen by us

To understand what may happen in the future

INVOLVEMENT IN OUR CARE

The Right:

To be spoken to directly rather than our parents or carers (especially Learning Difficulties & Disabilities)

To choose who is involved in care planning.

To move at our own pace

To meet our new care providers before and during transition.

COMPLAINTS ACKNOWLEDGED & IMPROVEMENTS MADE

The Right:

To be informed on how to complain about your transition and/or your new service if you need to

You will do this by demonstrating the following behaviours and values:

- Act compassionately and respectfully, always with integrity
- Don't make assumptions about us – we need to feel supported, and have some flexibility in the services provided to us
- Be aware and understanding of our limits; be patient with us
- We want to be supported by helpful and friendly people who are reliable and consistent
- Be informed and approachable so that we can have honest and open communications with you
- Take a focussed approach that manages our expectations. Don't make empty promises and do be accountable for your actions
- Listen and hear us so that we can build a trusting relationship with you which allows you to advocate for us