

Report to the NHS Somerset Clinical Commissioning Group on 23 September 2021

Title: Children and Young People’s Mental Health (CYPMH) Services Development and Investment	Enclosure G
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Summary and Purpose of Paper

This presentation has been prepared at the request of the Clinical Executive Committee to share the positive position regarding investment into CYP mental health services. Somerset is now exceeding the 1% standard for investment as set out by the children’s commissioner. The presentation provides an overview of the historic investment into CYPMH services and details our investment plans for 2021/22.

This presentation links to key strategic objective to sustain and continually improve the quality of all services, as well as the following STP priorities:

- Redesign primary and community care services to deliver care closer to home with a reduced reliance on acute services and community beds
- Focus on prevention to develop a sustainable system
- Drive delivery of the system wide financial and performance improvement
- Create an Accountable Care System

Recommendations and next steps

The Governing Body is asked to note the report.

Impact Assessments – key issues identified

Equality	The investment plans for 2021/22 increase our offer to under-served groups, with specific focus on children looked after by Somerset.
Quality	The investment plan for 2021/22 brings on additional services and we will work closely with quality colleagues across the system to ensure adequate pathways, performance metrics and monitoring. See also: CEC paper on outcomes, 1 September 2021.
Privacy	None identified
Engagement	As part of the planning round for 2021/22 we have used clinical, provider (NHS, LA and VCSE) and service user feedback to inform our plans. This work continues as part of the CYP MH strategy work currently underway.

Financial / Resource	Financial resource identified within Mental Health investment plans for 2021/22			
Governance or Legal	None identified.			
Risk Description	None identified.			
Risk Rating	Consequence	Likelihood	RAG Rating	GBAF Ref



Somerset

Clinical Commissioning Group

Children and Young People (CYP) Mental Health Services Investment and Development

Working Together to Improve Health and Wellbeing

Context

- Somerset's level of investment in CYP Mental Health services exceeds the national expectation of 1% of total revenue resource allocated and the investment ambitions anticipated within the Mental Health Long Term Plan (including some non-recurrent investment from the national SRF allocation)
- Mixed performance currently against the core CYP MH standards
- COVID has had a mixed impact on demand for services: some services have seen an overall increase in demand (e.g. Tier 3 CAMHS), whereas for others numbers have broadly stayed the same but acuity/complexity has increased (e.g. Eating Disorders). This is also being experienced by our system partners in the Local Authority (e.g. CYP who find themselves on a paediatric ward but don't meet the criteria for Tier 4 CAMHS)
- Significant piece of transformational work underway across the spectrum of acuity, which aims to improve the experience of care for patients and their families/carers, and supporting the delivery of care in less acute settings (preventative approach)
- Through the Big Tent, there are a suite of VCSE providers offering complementary or alternative support to NHS provision, particularly around low-level emotional needs, e.g. 2BU, The Space, Kooth etc.

CYP Mental Health Services Annual Investment Profile

Total Commissioner reported spend on CYP Mental Health services (including Eating Disorders)	2018/19	2019/20	2020/21	2021/22 (H1 Plan)
	£'000	£'000	£'000	£'000
Somerset Partnership NHS Foundation Trust / Somerset NHS FT	5,416	6,229	6,475	3,610
Rapid Improvement Scheme C&YP - Expanding Crisis Provision (EOT)		120	221	
Other providers (including Somerset County Council and charitable sector)	358	363	782	391
CYPMH Green Paper Trailblazer Project / MHSTs Waves 1 to 4 (SDF)	90	254	779	649
CYP MHSTs Waves 5 and 6 (SDF) *				110
CYPMH Crisis and Community (SDF)			29	299
Mental Health Winter Pressure funding - CYP Psych Liaison		40		
CYPMH Crisis and Community (SRF)				201
Children & Young People's Eating Disorders (SRF)				54
	5,864	7,006	8,286	5,313
Revenue Resource Limit (adjusted for Primary Care Delegation funding and allocations related to the COVID-19 pandemic to ensure consistency of comparisons)	761,787	800,997	868,274	466,624
CYP MH spend as % of total in year resource allocation	0.77%	0.87%	0.95%	1.14%

* Funding only recently confirmed and not yet released to the CCG

CYP Mental Health Services 2021/22 Investment Plan Assurance Indicators

Children & Young People's Mental Health (excluding LD)					
Growth 2018-19 to 2019-20	Growth 2019-20 to 2020-21	Planned growth 2020-21 to 21-22	Total growth to 2021/22	Total indicative growth to 2021/22	Proportion of indicative growth 2019/20-2021/22
748	704	455	1,907	938	203.26%

Children & Young People's Eating Disorders					
Growth 2018-19 to 2019-20	Growth 2019-20 to 2020-21	Planned growth 2020-21 to 21-22	Total growth to 2021/22	Total indicative growth to 2021/22	Proportion of indicative growth 2019/20-2021/22
100	63	168	331	234	141.66%

Assurance checks carried out against system Mental Health Finance Plans for 2021/22 suggest that new investment into CYP Mental Health and Eating Disorder Services in Somerset over the last three years is significantly above the levels originally suggested within the national Long Term Planning (LTP) Tool.

Cumulative investment in CYP Mental Health Services since 2018/19 is reported as £1.91m against indicative expected growth in the LTP Tool of £0.94m. This is 203.26% of target.

Cumulative investment in CYP Eating Disorder Services since 2018/19 is reported as £0.33m against indicative expected growth in the LTP Tool of £0.23m. This is 141.66% of target.

2021/22 Planning and Prioritisation

- As part of 2021/22 planning, we set aside a significant amount of funding (£600k) under the Mental Health Investment Standard growth, which was effectively ringfenced for the CYP programme; this meant CYP was not “competing” with adult services for funding growth.
- We also received SDF funding from NHS England and NHS Improvement for specific CYP initiatives, including Mental Health Support Teams (schools) and crisis services.
- We also received non-recurrent allocations for CYP programmes from the national Spending Review. This was specifically made available for Eating Disorders and crisis services, as there has been significant growth in demand for these services, and complexity of CYP accessing these services, over the COVID period.
- As NHSEI was very prescriptive about how the allocations should be utilised, we worked closely with NHS, Local Authority and VCSE partners to determine how best to meet the national requirements in Somerset. There was clinical involvement throughout the process.
- A core element of the prioritisation process was ensuring that the investment contributed to sustainable delivery of the key Long Term Plan metrics for CYPMH – see next slide

Key LTP deliverables for CYP MH

Standard	Somerset performance	Trend	Comments
Eating Disorders: 95% of urgent patients should be seen within 1 week of referral	Rolling 12 months to May 2021: 82.9% Latest month: 100% (July 2021)	Improving	Of 35 patients over the last 12 months, 29 patients were seen within 1 week of referral, and all 35 within 4 weeks - small numbers mean higher proportional impact from 1 breach. Overall, we have increased our year on year spend on Eating Disorder services by 34%
Eating Disorders: 95% of routine patients should be seen within 4 weeks of referral	Rolling 12 months to May 2021: 67.0% Latest month: 80% (July 2021)	Improving	Of 93 patients seen over the last 12 months, 63 patients were seen within 4 weeks
CYP Access: 35% of CYP with diagnosable mental health conditions will receive an evidence based community mental health offer	1 contact: 38.8%* rolling 12 months (unvalidated) 2 contacts: 24.1% rolling 12 months (unvalidated)	Improving	*applying the same methodology as the 2 contact standard; however, NHSEI are moving away from an access rate target to defined activity targets and are yet to confirm what Somerset's share of the national target is

New investment for 2021/22

Focus	£k	Plans	Expected outcomes from this funding
CYP MH	£250	<ul style="list-style-type: none"> Implement a digital offer for those schools not yet covered by the MHSTs (below) Dedicated work for children looked after by Somerset CAMHS liaison worker in ED and Young Somerset discharge support initiative 	<ul style="list-style-type: none"> Reduction in LOS for inpatient admissions Increase in the number of CYP accessing digital/peer support Reduction in readmissions for people who have had a previous inpatient stay Increase in number of patients accessing VCSE support
CYP Eating Disorders	£100 + £107 NR	<ul style="list-style-type: none"> Develop an intensive day support offer to prevent inpatient admission To develop support and family therapy capacity 	<ul style="list-style-type: none"> Reduction in inpatient admissions for people with an eating disorder Reduction in readmissions for people with an eating disorder Compliance with the ED waiting times standards (noting the small numbers issue)
CYP Crisis	£572 + £401 NR	<ul style="list-style-type: none"> Develop a new Intensive Support Team which will be integrated with the CAMHS Outreach Service Mental Health staffing for the two intensive support houses (Yeovil and Taunton) to include support workers, an assistant psychologist, clinical psychologist and nurses 	<ul style="list-style-type: none"> Reduction in LOS for inpatient admissions (day support to increase ability for an individual to be supported in the community) Reduction in inpatient admissions Maintain the levels of patients accessing psychiatric liaison Compliance with the ED waiting times standards (noting the small numbers issue) Reduction in inappropriate admissions to paediatric beds
Mental Health Support Teams (MHST)	£1,407	<ul style="list-style-type: none"> Increasing our MHSTs by 2, to have 60% coverage by end of 2022/23. To deliver early intervention on some emotional wellbeing issues such as mild-moderate anxiety. 	<ul style="list-style-type: none"> Increase in CYP with a diagnosable mental health conditions accessing mental health services Maintaining levels of CYP needing to access formal CAMHS