

STOMA SERVICE

SUGGESTED APPLIANCE QUANTITIES & PREFERRED PRODUCT LIST FOR STOMA ACCESSORIES – QUICK REFERENCE GUIDE

This guide has been developed and reviewed by the Somerset CCG Medicines Management team, in liaison with the stoma nurses from Taunton and Somerset trust (TST) and Yeovil hospital (YDH).

It will apply to most Stoma patients, however it is recognised that there will be patient specific exceptions. The GP will be informed of these exceptions by the stoma team.

The stoma team can aid in switching existing patients if clinically appropriate and after assessment by a stoma nurse. This will be on an individual basis and will be achieved by giving advice, support and samples as necessary.

For further guidance please contact the Stoma team- YDH Email: Colorectalnurses@ydh.nhs.uk Tel: 01935 384367, TST- Email: StomaCare_Nurses@tst.nhs.uk Tel: 01823 342453

SUGGESTED APPLIANCE QUANTITIES – QUICK REFERENCE GUIDE

APPLIANCE	DURATION	AVERAGE MONTHLY PRESCRIPTION QUANTITY	PRESCRIPTION DIRECTIONS	NOTES
Colostomy (one piece)	Usually 1-3 bags per day	90 bags (3 boxes of 30 bags)	Remove and discard after use	Bags are not drainage / reusable
Colostomy bag (two piece)	Usually 1-3 bags per day	90 bags (3 boxes of 30 bags)	Remove and discard after use	Bags are not drainage / reusable
Colostomy flange/baseplate (two piece)	One flange usually remains in situ for approximately 3-4 days	10 flanges	Change every 3-4 days	
Ileostomy (one piece)	Bags changed every 1-3 days	30 bags (1 box of 30 bags every 1-3 months)	Drain as required throughout day. Use a new bag every 1-3 days	Bags are drainable
Ileostomy bag (two piece)	Bags changed every 2-3 days	30 bags (1 box of 30 bags every 1-3 months)	Drain as required throughout day. Use a new bag every 2-3 days	Bags are drainable
Ileostomy flange/baseplate (two piece)	One flange usually remains in situ for approximately 2-3 days	15 flanges	Change every 2-3 days	
Urostomy (one piece)	Usually 1 bag every 1-3 days	10-30 bags (1-3 boxes of 10 bags)	Drain as required throughout day. Use a new bag every 1-3 days	Bags are drainable
Urostomy bag	Usually 1 bag every 2 days	10-30 bags (1-3 boxes of 10 bags)	Drain as required throughout day. Use a new bag every 2 days	Bags are drainable
Urostomy flange/baseplate (two piece)	One flange usually remains in situ for approximately 2-3 days	15 flanges	Change every 2-3 days	
Urostomy Night Bag	Night bag to be attached nightly, but replace weekly. NB. Bag should be rinsed daily	4 bags (1 box of 10 bags every 2-3 months)	Use a new bag every week	Bags are drainable/daily

PREFERRED PRODUCT LIST FOR STOMA ACCESSORIES – QUICK REFERENCE GUIDE

ACCESSORY	AVERAGE MONTHLY USAGE AND DIRECTIONS	PRODUCT CHOICE	PRODUCT CODE	UNIT PRICE	SIMILAR PRODUCTS IN DRUG TARIFF & CODES
Adhesive Remover Spray (Warm water can be as effective)	Ileostomy patients: ONE, 50ml container per month Colostomy patients: TWO- THREE, 50ml containers per month For use when required to prevent "Skin Stripping".	<u>1st Line</u> Rhodes Pharma Ltd: StoCare Remove Medical Adhesive Remover Spray x50ml OR Opus Healthcare: Lift Plus 360 Medical Adhesive Remover x50ml Opus Healthcare: Lift Plus 360 Citrus Medical Adhesive Remover x50ml <u>2nd Line</u> Salts Healthcare: Salts Adhesive Remover Spray(Mint) x50ml	STC 100 5506 5507 WAP	£5.90 £5.99 £5.99 £6.68	Adapt – 7737 Appeel Advance – 3501 Appeel – 3500 Brava – 12010 Dansac – 083-01 EasyLease – 1408 Elite – TR201 GB soft skin – 10380A Lift Plus Citrus– 5505 Lift Plus – 5503 Medi Lifteez – 60833 Niltec – TR101 Offmate – OM50 OstoMart OstoPEEL- OPA50/ OPB50/ OPM50/ OPN50 Peel-Easy – 300714 Pelican – 130460 ProSys – RS1 Sensi-care – 420798
Barrier Rings	ONE per bag change Used to fill in uneven skin contours to create a flatter surface and help prevent ostomy leakage.	Hollister Ltd: Adapt Slim Barrier Rings 48mm x10 OR Pelican Healthcare Ltd: Cohesive Slims Small 48mm x30	7815 839005	£17.87 £58.07	Adapt 48mm – 7805 Brava Protective 2.5mmx 18-48mm– 12035 Brava Protective 4.2mmx 18-48mm– 12045 Brava Mouldable 48mmx 2mm – 12030 CeraRing 48mmx 4.45mm– 8805 CeraRing 48mmx 2.3mm– 8815 Cohesive 48mm – 839002 Dansac GX-tra 20mm – 725-20/30 Salts Aloe – SAR25/ 32/ 38/ 45 Salts Mouldable - SMST Stomahesive 48mmx 3mm– 413504 Stomahesive 48mmx 4mm – 413503
Flange Extenders	TWO strips per bag change Used to help the stoma pouch stick to the skin and mould to the contours of a hernia.	<u>1st Line</u> Respond Healthcare: OstoMart Astoa Adhesive Flange Extender- Large x30 <u>2nd Line</u> Pelican Healthcare Ltd: Pelican Contour Flange Extender x30	AFEL30 130860	£19.28 £20.32	Brava Elastic Tape Straight– 12074 Brava Elastic Tape – 12070 Dansac X-tra – 075-30 HydroFrame - WAF H33 Silex Silicone – TR1060

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ACCESSORY		AVERAGE MONTHLY USAGE AND DIRECTIONS	PRODUCT CHOICE	PRODUCT CODE	UNIT PRICE	SIMILAR PRODUCTS IN DRUG TARIFF & CODES
Skin Barrier (ONE type only)	Creams	Apply once per bag change Not for regular use. Except certain circumstances. Used to heal peristomal skin on direction of Stoma nurse. Needs to be rubbed in completely.	<u>1st Line</u> Respond Healthcare: OstoMart OstoGuard Barrier Cream Tube x60g <u>2nd Line</u> Respond Healthcare: OstoMart Astoa Barrier Cream Tube x100g	RMC1 ABC100	£4.99 £8.02	Brava – 12000 Cavilon – 3392G / 3391G / 3392GS Clinifilm – 300723 Cutimed Protect – 72652-00 LaVera – 3301 / 3300 LBF – 3823 / 3822 Medi Derma-S – 60628 / 60338 OstoMart OstoGuard – RMC2 Pelican Ultra – 130105 Sorbaderm – 3027 / 3026
	Film Spray	ONE 28ml containers per month This item is rarely prescribed as it's not for regular use. Used to heal peristomal skin on direction of Stoma nurse.	<u>1st Line</u> ConvaTec Ltd: Sensi-Care Sting Free Protective Skin Barrier Film Spray x28ml <u>2nd Line</u> Pelican Healthcare Ltd: Pelican Protect Plus Non-Sting Barrier Film Spray x50ml	420797 130261	£5.67 £9.60	Brava – 12020 Cavilon – 3346P Elisse – TR204 LBF – 3827 OstoMart Ostoguard – RMC5 Secura – 66800710 Sillesse – TR104 SkinSafe – 6601 Sorbaderm – 3020 Sureprep – MSC1528
	Wipes	ONE wipe per bag change Not for regular use. Except certain circumstances. Used to heal peristomal skin on direction of Stoma nurse.	ConvaTec Ltd: ConvaCare Protective Barrier Wipes x100 OR Salts Healthcare: Salts Barrier Film Wipes x30	S209 PPS1	£18.65 £16.04	Brava – 12021 Cavilon – 3344E Clinifilm – 300718 Dansac – 081-30 Elisse – TR203 GB soft skin – 10381B Independence – BW1 LBF hydrosolve – 3828 LBF sterile – 3820 Medi Derma-S – 60307 Pelican protect – 130260 Sillesse – TR103
Skin Fillers and Pastes		ONE-TWO tubes per month Used to fill creases and dips around stoma to help prevent leakage and keep bags attached.	<u>1st Line</u> Hollister: Adapt Paste x60g <u>2nd Line</u> Pelican Healthcare Ltd: Pelican Paste x100g	79300 130101	£4.00 £8.33	Other fillers and pastes should be a patient specific exception

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ACCESSORY	AVERAGE MONTHLY USAGE AND DIRECTIONS	PRODUCT CHOICE	PRODUCT CODE	UNIT PRICE	SIMILAR PRODUCTS IN DRUG TARIFF & CODES
Stoma Powder (Usually supplied by the Stoma clinic)	<p align="center">ONE bottle occasionally</p> <p>For short-term use ONLY. To be used on broken/raw skin surrounding stoma to absorb moisture. DO NOT use on intact/ dry skin.</p>	<p>Hollister: Adapt Stoma Powder x28.3g</p> <p>OR</p> <p>Respond Healthcare Ltd: OstoMart OstoSEAL Protective Powder x50g</p>	7906	£2.67	(All DT listed products are cost effective)
			ABP2	£4.92	

Adhesive Remover Wipes: These are only for use in exceptional circumstances, only by request from a Stoma nurse.

Deodorant: Patients should be encouraged to buy their own deodorant.

Garments: Used for patients to prevent a Parastomal Hernia. A patient may be prescribed **THREE** per year. One to wear, one to wash and one for spare, in agreement with the stoma team.

Lubricating Gel: These are only prescribed in exceptional circumstances as patients can use baby oil.