

Keep  
me handy

our  
**SOMERSET**  
Together we care

**NHS**  
Somerset



# Healthcare and support on your doorstep in Glastonbury and Street

Your handy guide to local health and care services

- ✓ Help for minor injuries or illnesses like sprains, cuts or fever
- ✓ Discover how your local pharmacy can help you
- ✓ Find mental health support when you need it
- ✓ Help with finances, food, feeling isolated and living well

Need advice? Call NHS 111

Emergency? Call 999



# I need help with ...



# Glastonbury and Street



... sprains and strains; broken bones; minor injuries such as cuts, bruises and sports injuries; rashes; vomiting; bites; throat infections or fever



West Mendip Urgent Treatment Centre (UTC) at West Mendip Community Hospital, Glastonbury BA6 8JD. 01458 836454. Open 7 days a week, 8am-8.30pm. X-ray: Mon-Fri: 9am-5pm. Call 111 or walk-in. Easier than A&E, shorter waiting times and free parking.

... coughs and colds, sore throats, aches and pains, ear infections, contraception and more



Local pharmacies can help with more than you might think. See back page for more details and to find your nearest pharmacy

... my mental health



Open Mental Health provides 24/7 support for people in Somerset at [openmentalhealth.org.uk](http://openmentalhealth.org.uk). Need to talk? Call Mindline on 0800 138 1692



... managing my long-term pain



Pain Cafés are free to join across Somerset. For information on your nearest Pain Café visit: <https://bit.ly/PainCafeSomerset>

... caring for someone, getting essentials, cost of living or feeling isolated



Drop into a Talking Café – latest information is available at [www.thrivesomerset.org.uk/help-advice](http://www.thrivesomerset.org.uk/help-advice)

... staying healthy and living well



- Quit-smoking support – [smokefreesomerset.org.uk](http://smokefreesomerset.org.uk)
- Free blood pressure checks – visit your GP, pharmacy or library
- Sports, walks and help with long-term conditions – [sasp.co.uk](http://sasp.co.uk)
- Warm welcoming spaces in winter for anyone who needs it – [sparksomerset.org.uk/find-warm-welcome](http://sparksomerset.org.uk/find-warm-welcome)



## Your local pharmacies

### GLASTONBURY

#### Well Pharmacy

Glastonbury Surgery, Feversham Lane,  
BA6 9LP. 01458 834986

#### Glastonbury Pharmacy

16 High Street, BA6 9DU.  
01458 785383

### STREET

Boots Vine Surgery, Hindhayes Lane  
BA16 0ET. 01458 441522

#### Tout's Pharmacy

82 High Street,  
BA16 0EN. 01458 442448

our  
**SOMERSET**  
Together we care

**NHS**  
Somerset

## Think Pharmacy First!

Your pharmacist can provide treatment, including prescription medicines for common conditions, without the need to see a GP, including:

- Sinusitis (age 12+)
- Sore throat (age 5+)
- Earache (age 1-17)
- Infected insect bites (age 1+)
- Impetigo (age 1+)
- Shingles (age 18+)
- Urinary Tract Infections (women age 16-64)



**1 in 3 people in**

**Somerset with**

**high blood pressure**

**don't know they have it.**

It's a leading cause of severe health issues, such as stroke. Don't risk it, get checked at your local pharmacy or Somerset library.

[bit.ly/blood-pressure-somerset](https://bit.ly/blood-pressure-somerset)

Your pharmacist can provide oral contraception, including the emergency contraceptive or morning after pill, without the need for a prescription or GP appointment

Search online:  
'NHS find a pharmacy'

[nhs.uk/thinkpharmacyfirst](https://nhs.uk/thinkpharmacyfirst)