

Type of preparation		Formulation	Brand	Estrogen content	Progestogen content
<p>-See Menopause and Hormone Replacement Therapy for information on premature ovarian insufficiency, see Contraception - NHS Somerset ICB for combined oral contraceptives which may be used for HRT & contraceptive cover in premature ovarian insufficiency.</p> <p>-See Chapter 6.8.1 – Female sex hormone responsive conditions for threatened miscarriage- micronised progesterone vaginal capsules 200mg (off-label use agreed as per traffic light system.)</p>					
Cyclical combined (AKA Sequential) (intact uterus)	1 st line	Patches	Evorel Sequi	Estradiol 50micrograms	Norethisterone 170micrograms
	2 nd line	Tabs	Femoston	Estradiol 1mg, 2mg	Dydrogesterone 10mg
		Tabs	Elleste Duet	Estradiol 1mg, 2mg	Norethisterone 1mg
	3 rd line	Tabs	Trisequens	Estradiol 2mg, 2mg, 1mg	Norethisterone 1mg
Tabs		Novofem	Estradiol 1mg	Norethisterone 1mg	
Continuous combined (intact uterus)	1 st line	Patches	Evorel Conti	Estradiol 50microgram	Norethisterone 170microgram
		Patches	FemSeven Conti	Estradiol 50microgram	Levonorgestrel 7microgram
	2 nd line	Tabs	Femoston Conti	Estradiol 500microgram, 1mg	Dydrogesterone 2.5mg, 5mg
		Caps	Bijuve	Estradiol 1mg	Progesterone 100mg
		Tabs	Elleste Duet Conti	Estradiol 2mg	Norethisterone 1mg
		Tabs	Kliofem	Estradiol 2mg	Norethisterone 1mg
		Tabs	Kliovance	Estradiol 1mg	Norethisterone 500microgram
	3 rd line	Tabs	Indivina	Estradiol val. 1mg, 2mg	Medroxyprogesterone 2.5mg, 5mg
		Tabs	Premique Low Dose	Conj. oestr 300micrograms	Medroxyprogesterone 1.5mg
	Unopposed estrogen (if uterus is intact an adjunctive progestogen must be used)	1 st line	Patches	Estraderm MX	Estradiol 25, 50, 75, 100microgram
Patches			Estradot	Estradiol 25, 37.5, 50, 75, 100microgram	
Patches			Evorel	Estradiol 25, 50, 75, 100microgram	
Patches			Progynova TS	Estradiol 50, 100microgram	
Gel			Oestrogel	Estradiol 0.06%	
Gel			Sandrena	Estradiol 500microgram, 1mg	
Transdermal spray			Lenzetto	Estradiol 1.53mg per metered dose	
2 nd line		Tabs	Elleste Solo	Estradiol 1mg, 2mg	
		Tabs	Premarin	Conj. oestr 300microgram, 625microgram, 1.25mg	
		Tabs	Progynova Zumenon	Estradiol val. 1mg, 2mg	
Adjunctive progestogen	1 st line	LNG-IUD	Mirena		Levonorgestrel 20mcg/24hrs
		Oral caps	(1 st line brand) Gepretix (2 nd line) Generic prep		Progesterone micronised 100mg
Local estrogen (for vaginal, vulval and urinary symptoms-applied vaginally)	1 st line	Vaginal tabs	Generic prep	Estradiol 10micrograms pessaries	
		Vaginal cream	Generic prep. <i>Ovestin cream brand discontinued</i>	Estriol 0.1%	
	2 nd line	Vaginal pessary	Imvaggis	Estriol 30microgram pessaries	
		Vaginal gel	Blissel	Estriol 50microgram vaginal gel	
		Vaginal ring	Estring	Estradiol 7.5micrograms	
		Vaginal cream	Generic prep	Estriol 0.01%	
Vaginal tabs	Vagirux	Estradiol 10micrograms pessaries	Prescribe Generically as first line above		