

Type of preparation	Formulation		Brand	Estrogen content	Progestogen content
-See <a href="#">Menopause and Hormone Replacement Therapy</a> for information on premature ovarian insufficiency, see <a href="#">Contraception - NHS Somerset ICB</a> for combined oral contraceptives which may be used for HRT & contraceptive cover in premature ovarian insufficiency. -See <a href="#">Formulary - Progesterone</a> for threatened miscarriage- micronised progesterone vaginal capsules 200mg ( <a href="#">off-label use agreed</a> )					
<b>Cyclical Combined (AKA Sequential) (intact uterus)</b>	1 <sup>st</sup> line	Patches	<b>Evorel Sequi</b>	Estradiol 50micrograms	Norethisterone 170micrograms
	2 <sup>nd</sup> line	Tabs	<b>Femoston</b>	Estradiol hemihydrate 1mg, 2mg	Dydrogesterone 10mg
		Tabs	<b>Elleste Duet</b>	Estradiol hemihydrate 1mg, 2mg	Norethisterone 1mg
	3 <sup>rd</sup> line	Tabs	<b>Trisequens</b>	Estradiol hemihydrate 2mg, 2mg, 1mg	Norethisterone 1mg
Tabs		<b>Novofem</b>	Estradiol hemihydrate 1mg	Norethisterone 1mg	
<b>Continuous Combined (intact uterus)</b>	1 <sup>st</sup> line	Patches	<b>Evorel Conti</b>	Estradiol 50microgram	Norethisterone 170microgram
		Patches	<b>FemSeven Conti</b>	Estradiol hemihydrate 50microgram	Levonorgestrel 7microgram
	2 <sup>nd</sup> line	Caps	<b>Bijuve</b>	Estradiol 1mg	Progesterone 100mg
		Tabs	<b>Femoston Conti</b>	Estradiol hemihydrate 0.5mg, 1mg	Dydrogesterone 2.5mg, 5mg
		Tabs	<b>Elleste Duet Conti</b>	Estradiol hemihydrate 2mg	Norethisterone 1mg
		Tabs	<b>Kliofem</b>	Estradiol hemihydrate 2mg	Norethisterone 1mg
		Tabs	<b>Kliovance</b>	Estradiol hemihydrate 1mg	Norethisterone 500microgram
	3 <sup>rd</sup> line	Tabs	<b>Indivina</b>	Estradiol val. 1mg, 2mg	Medroxyprogesterone 2.5mg, 5mg
Tabs		<b>Premique Low Dose</b>	Conj. oestr 300micrograms	Medroxyprogesterone 1.5mg	
<b>Unopposed Estrogen Systemic (if uterus is intact an adjunctive progestogen must be used)</b>	1 <sup>st</sup> line Trans-dermal	Patches	<b>Evorel</b>	Estradiol 25, 50, 75, 100microgram	
		Gel	<b>Oestrogel</b>	Estradiol 0.06% (750mcg/dose)	
		Patches	<b>Estraderm MX</b>	Estradiol hemihydrate 25, 50, 75, 100micrograms	
		Patches	<b>Estradot</b>	Estradiol hemihydrate 25, 37.5, 50, 75, 100micrograms	
		Patches	<b>Progynova TS</b>	Estradiol hemihydrate 50, 100micrograms	
		Gel	<b>Sandrena</b>	Estradiol hemihydrate 0.5mg, 1mg	
		Spray	<b>Lenzetto</b>	Estradiol hemihydrate 1.53mg per metered dose	
	2 <sup>nd</sup> line Oral	Tabs	<b>Elleste Solo</b>	Estradiol hemihydrate 1mg, 2mg	
		Tabs	<b>Zumenon</b>	Estradiol hemihydrate 1mg, 2mg	
		Tabs	<b>Premarin</b>	Conj. oestr 300microgram, 625microgram, 1.25mg	
		Tabs	<b>Progynova</b>	Estradiol val. 1mg, 2mg	
<b>Adjunctive Progestogen/ Progesterone</b>	1 <sup>st</sup> line	LNG-IUD	<b>Mirena</b>		Levonorgestrel 20mcg/24hrs- 4 years for endometrial protection
		Oral caps	<b>(1<sup>st</sup> line) Generic</b>		Progesterone micronised 100mg
			<b>(2<sup>nd</sup> line) Gepretix</b>		Progesterone micronised 200mg
		<b>(1<sup>st</sup> line) Gepretix</b>			
<b>Local Vaginal Estrogen (for vaginal, vulval and urinary symptoms-applied vaginally)</b>	1 <sup>st</sup> line	Vaginal tabs	<b>Generic prep</b>	<u>Estradiol</u> 10micrograms pessaries	No progestogen or progesterone
		Vaginal cream	<b>Generic prep</b>	Estriol 1mg/g (0.1%) (1g dose= 1mg estriol)	
	2 <sup>nd</sup> line	Vaginal pessary	<b>Generic Prep</b>	Estriol 500microgram pessaries	
		Vaginal pessary	<b>Imvaggis</b>	Estriol 30microgram pessaries	
		Vaginal gel	<b>Blissel</b>	Estriol 50microgram vaginal gel	
		Vaginal ring	<b>Estring</b>	<u>Estradiol</u> 7.5micrograms/ 24hrs for 90 days	
		Vaginal cream	<b>Generic prep</b>	Estriol 0.01% (5ml dose contains 1mg estriol) Non-preferred choice	
		Vaginal tabs	<b>Vagirux</b>	<u>Estradiol</u> 10micrograms pessaries Prescribe Generically as first line above	
<b>Others (not estrogen or progestogen)</b>					
<b>Ospemifene</b>	Oral tabs	<b>Senshio</b>	For use where local estrogen is not suitable- See formulary before prescribing		
<b>DHEA</b>	Vaginal pessary	<b>Intrarosa</b>	Prasterone 6.5mg pessary- For moderate to severe GSM- See formulary before prescribing		
<b>Testosterone</b>	Transdermal	<b>As per formulary</b>	See <a href="#">Menopause and Hormone Replacement Therapy - NHS Somerset ICB</a> before prescribing		