

HRT QUICK REFERENCE TABLE



Type of preparation		Formulation		Brand	Estrogen content		Progestogen content	
-See Menopause and Hormone Replacement Therapy for information on premature ovarian insufficiency. -See Contraception - NHS Somerset ICB for CHC which may be considered for HRT & contraceptive cover in premature ovarian insufficiency. -See Medicines covered by the HRT PPC NHSBSA for HRT currently covered by the HRT Pre-Pay Certificate.								
-See Formulary - Progesterone for threatened miscarriage- micronised progesterone vaginal capsules 200mg.								
Cyclical Combined *AKA Sequential Systemic (intact uterus)	1 st line Transdermal		Patches	<i>Evorel Sequi</i>	Estradiol 50micrograms		Norethisterone 170micrograms	
	2 nd line Oral		Tabs	<i>Femoston</i>	Estradiol hemihydrate 1mg, 2mg		Dydrogesterone 10mg	
			Tabs	<i>Elleste Duet</i>	Estradiol hemihydrate 1mg, 2mg		Norethisterone 1mg	
	3 rd line Oral		Tabs	<i>Trisequens</i>	Estradiol hemihydrate 2mg, 2mg, 1mg		Norethisterone 1mg	
			Tabs	<i>Novofem</i>	Estradiol hemihydrate 1mg		Norethisterone 1mg	
Continuous Combined Systemic (intact uterus)	1 st line Transdermal		Patches	<i>Evorel Conti</i>	Estradiol 50microgram		Norethisterone 170microgram	
			Patches	<i>Estradot Conti</i>	Estradiol hemihydrate 30microgram		Norethisterone 95 microgram	
					Estradiol hemihydrate 40microgram		Norethisterone 130microgram	
			Patches	<i>FemSeven Conti</i>	Estradiol hemihydrate 50microgram		Levonorgestrel 7microgram	
	2 nd line Oral		Caps	<i>Bijuve</i>	Estradiol 1mg		Progesterone 100mg	
			Tabs	<i>Femoston Conti</i>	Estradiol hemihydrate 0.5mg, 1mg		Dydrogesterone 2.5mg, 5mg	
			Tabs	<i>Elleste Duet Conti</i>	Estradiol hemihydrate 2mg		Norethisterone 1mg	
			Tabs	<i>Kliefem</i>	Estradiol hemihydrate 2mg		Norethisterone 1mg	
			Tabs	<i>Kliovance</i>	Estradiol hemihydrate 1mg		Norethisterone 500microgram	
	3 rd line Oral		Tabs	<i>Indivina</i>	Estradiol val. 1mg, 2mg		Medroxyprogesterone 2.5mg, 5mg	
			Tabs	<i>“non-branded” Conj. oestr</i>	Conjugated oestrogens 300micrograms (<i>Premique Low Dose brand discontinued</i>)		Medroxyprogesterone 1.5mg	
Unopposed Estrogen Systemic (if uterus is intact/ endometrial protection needed, an adjunctive progestogen must be used)	1 st line Transdermal		Patches	<i>Evorel</i>	Estradiol hemihydrate 25, 50, 75, 100microgram		No progestogen or progesterone. Add in endometrial protection if indicated.	
			Patches	<i>Femseven</i>	Estradiol hemihydrate 25, 50, 75, 100microgram (Once Weekly Patch)			
			Gel	<i>Oestrogel</i>	Estradiol 0.06% (750mcg/dose)			
			Patches	<i>Estraderm MX</i>	Estradiol hemihydrate 25, 50, 75, 100micrograms			
			Patches	<i>Estradot</i>	Estradiol hemihydrate 25, 37.5, 50, 75, 100micrograms			
			Patches	<i>Progynova TS</i>	Estradiol hemihydrate 50, 100micrograms (Once Weekly Patch- discontinuing late Dec 2025)			
			Gel	<i>Sandrena</i>	Estradiol hemihydrate 0.5mg, 1mg			
			Spray	<i>Lenzetto</i>	Estradiol hemihydrate 1.53mg per metered dose			
	2 nd line Oral		Tabs	<i>Elleste Solo</i>	Estradiol hemihydrate 1mg, 2mg			
			Tabs	<i>Zumenon</i>	Estradiol hemihydrate 1mg, 2mg			
			Tabs	<i>“non-branded” Conjugated oestrogens</i>	Conj. oestr 300microgram, 625microgram, 1.25mg (<i>Premarin brand discontinued</i>)			
			Tabs	<i>Progynova</i>	Estradiol val. 1mg, 2mg			
Adjunctive Progestogen/ Progesterone BMS - Management of unscheduled bleeding 2024	1 st line	LNG-IUD	<i>Mirena</i>	No estrogen	Levonorgestrel 20mcg/24hrs- (52mg) 4-year licence for HRT (Provides contraceptive cover)			
		Oral caps	<i>(1st line) Generic</i>	No estrogen	Generic Progesterone micronised 100mg			
			<i>(2nd line) Gepretix</i>		Progesterone micronised 100mg			
						Progesterone micronised 200mg		
						This line is intentional		
Local Vaginal Estrogen (for vaginal, vulval and urinary symptoms) Local Estrogen - NHS Somerset ICB	1 st line	Vaginal tabs		<i>Generic prep</i>	Estradiol 10micrograms pessaries		(24 pack)	Not Systemic HRT. No progestogen or progesterone
		Vaginal cream		<i>Generic prep</i>	Estriol 1mg/g (0.1%) (Ovestin brand discontinued)		(15g= 30 doses) 0.5g= 0.5mg estriol dose	
	2 nd line	Vaginal pessary		<i>Generic Prep</i>	Estriol 500microgram pessaries		(15) 0.5mg per pessary	
		Vaginal pessary		<i>Imvaggis</i>	Estriol 30microgram pessaries		(24) 0.03mg per pessary	
		Vaginal gel		<i>Blissel</i>	Estriol 50microgram vaginal gel		(30g= 30 doses) 0.05mg per dose	
		Vaginal ring		<i>Estring</i>	Estradiol 7.5micrograms/ 24hrs for 90 days		(1=90 days)	
	Not preferred	Vaginal cream		<i>Generic prep</i>	Estriol 0.01% (5ml dose contains 0.5mg estriol) (80g)			
		Vaginal tabs		<i>Vagirux</i>	Estradiol 10micrograms pessaries (24)			
	Other Treatments (not estrogen or progestogen)							
Ospemifene		Oral tabs		<i>Senshio</i>	For use where local estrogen is not suitable- See formulary before prescribing			
DHEA		Vaginal pessary		<i>Intrarosa</i>	Prasterone 6.5mg pessary- For moderate to severe GSM- See formulary before prescribing			
Testosterone		Transdermal		<i>As per formulary</i>	See Menopause and Hormone Replacement Therapy - NHS Somerset ICB before prescribing			