

## Check your MMR vaccine status for lifelong protection

Firstly, we would like to wish all of our care providers a Happy New Year.

Secondly, we have to share with you some important information from UKHSA regarding the risk of a measles outbreak and to check that you are protected.

Following [UKHSA modelling](#) published earlier in the year, a [joint letter from UKHSA and NHS England](#) was sent to health professionals and Directors of Public Health in England to remind colleagues of the risk of a measles outbreak in London due to the sub-optimal uptake of the MMR vaccine in the capital.

Health professionals are being reminded about what to do in a suspected case of measles; details of the MMR vaccine and how best to reach under-vaccinated communities.



In response to the increase in measles cases, [UKHSA have produced a new poster](#) for health professionals in identifying measles, what to do if they suspect measles and ensuring staff are fully vaccinated.

Health professionals can download and order the poster for free via the [health publications website](#).

UKHSA has created a [variety](#)

[of social media assets](#) which encourage people to check they and their children are up to date on their MMR vaccines.

[A video from Dr. Colin Campbell](#), Consultant Epidemiologist at UKHSA, who explains how infectious the measles virus is and information on the vaccine.

There is also a [blog on immunisations](#) in which Vanessa Saliba, UKHSA's Consultant Epidemiologist for Immunisations, outlines the importance of protecting children through vaccination.

Other publications and assets on MMR for can be downloaded and ordered for free by healthcare professionals on the [health publications website](#).

UKHSA [resources on immunisation can be found on the website](#).

## Dates for your diary

Please do pop in to our **Virtual IPC support clinic**. It is planned for Wednesday 7 February between 2pm and 4pm. To join, please click on [this link](#).

## Nutrition and Hydration Week

It's that time of year again so join us in promoting Nutrition and Hydration Week, which runs from March 11 to March 17.

Visit the [official website for further information](#)

## Great British Care Awards South West Regional Winner!



KIM Retter, manager of Compton View Residential Care Home in Yeovil, has won the Care Home Registered Manager South West as part of the wider Great British Care Awards.

Kim has been working in care since 1992, starting as a care assistant and working up to her current position as registered manager.

Kim is passionate about improving the life of those in her care and strives to ensure everyone working for her consistently develops themselves to become the best of the best.

Congratulations Kim, and keep up the good work. We'll keep our fingers crossed for the national award on March 22.

## Helping staff manage challenging and aggressive behaviours

A review has recently been undertaken regarding the management of aggressive and challeng-

ing behaviour sometimes seen in people with learning disabilities and effective interventions for staff

to help understand them. To read the results of the review in full, please [click here](#)

## Reporting an outbreak

When there are 2 or more cases of a similar infection in your home, please make UKHSA your first contact.

For Acute Respiratory Infections, complete the web-based OBRA tool. [Click here](#)

For all other types of outbreak, please call the health protection team on 0300 303 8162 or [email](#).