



## **Context and purpose**



#### **Context**

Population Health analytics is an important component of a Population Health Management (PHM) approach.

Population Health Management aims to identify a specific and actionable cohort of patients, understand their holistic needs and design new models to support the cohort more effectively and deliver better population health outcomes.

#### **PCN DES Contract - Ref**

- 2.1.1 The DES specification states that "a PCN must seek to improve health outcomes for its population using a data-driven approach and population health management techniques in line with guidance and the CORE20PLUS5 approach."
- 2.1.4 To use the data, a range of techniques can be used to understand and assess the needs of different population groups (segmentation, risk prediction, opportunity analysis, gaps in care)

### **Purpose**

**Objective:** To introduce the key features of **Eclipse Hubs and Eclipse SMR Live** that support segmentation and risk stratification of patient cohorts.

Demonstrate how Eclipse Hubs/SMR Live can help:

- Identify actionable patient groups.
- Understand population risk and variation.
- Support targeted clinical interventions.
- Facilitate proactive management of long-term conditions.

Highlight how these tools align with the broader PHM approach.







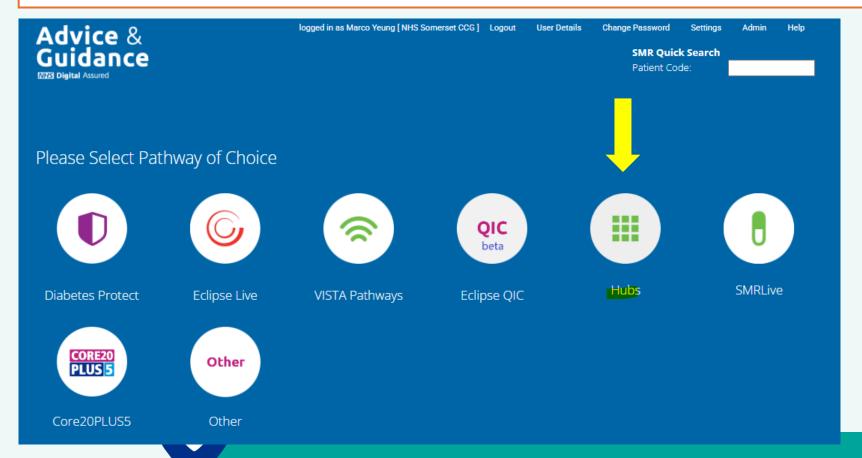


# **Access to Eclipse Hubs features**

# **NHS**Somerset

## Login

To access relevant information and support: Visit <a href="https://secure.nhspathways.org">https://secure.nhspathways.org</a> when using HSCN/N3. Log in with your existing Eclipse username and password. If you do not have login credentials, please contact the support team at support@prescribingservices.org

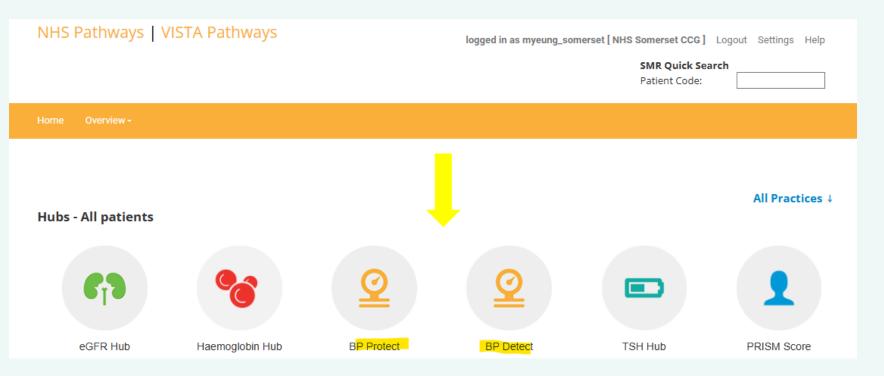


The Hubs feature is NOW accessible for both practice / PCN-level account.



#### **Blood Pressure Detect & Protect**





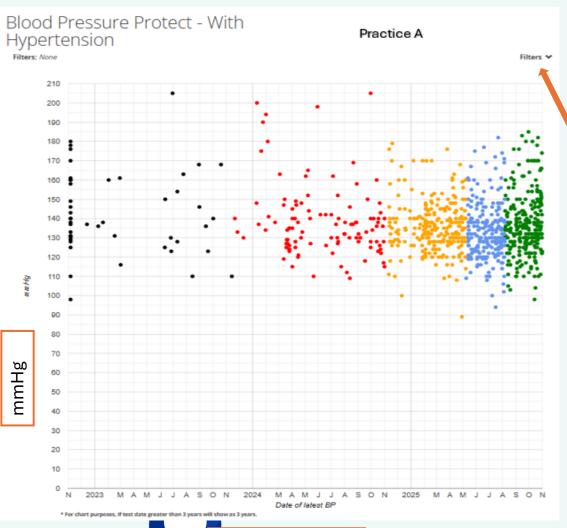
Explore the BP segmentation more closely.





#### **Blood Pressure Protect**





#### **Example Practice A**

- Latest systolic blood pressure mmHg plot against result date year-month
- Each displayed dot represent an individual patient
- Dots are also coloured to represent period of latest result undertaken

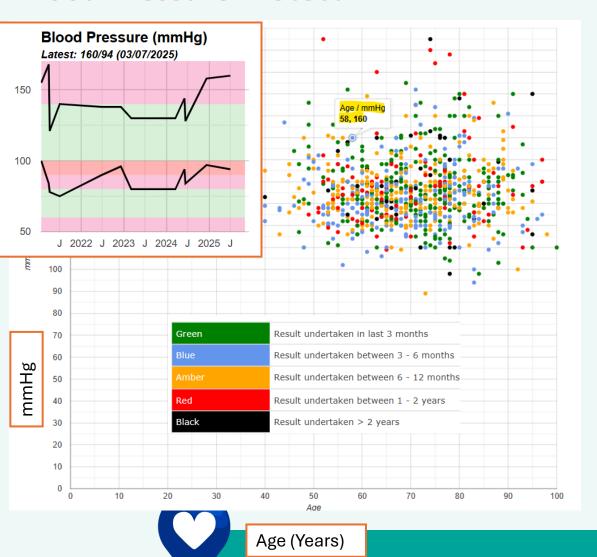
Provide a brief overview of patients with hypertension LTC; including their most recent SBP measurement and test date; with filter ability applies to deprivation, flu jab vaccination status, ethnicity, QRISK score etc.

Green	Result undertaken in last 3 months
Blue	Result undertaken between 3 - 6 months
Amber	Result undertaken between 6 - 12 months
Red	Result undertaken between 1 - 2 years
Black	Result undertaken > 2 years



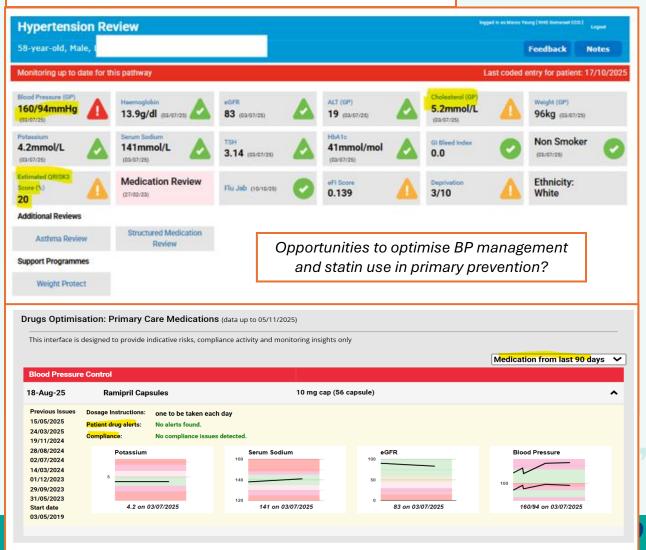
Lets have a closer look at one of the example in next page

#### **Blood Pressure Protect**



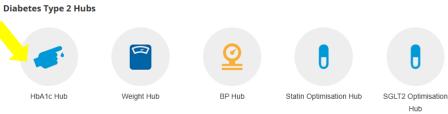
- Latest systolic blood pressure mmHg plot against Age
- By clicking an individual dot of interest, it display the following hypertension review support page





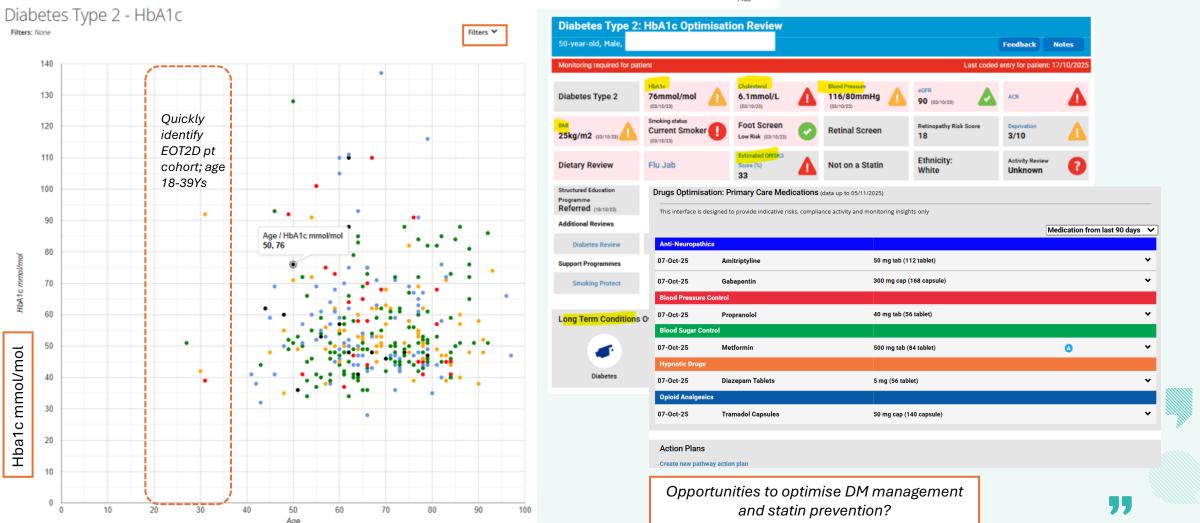
# **Eclipse Hubs** *Diabetes Type 2 Hubs*

Age (Years)







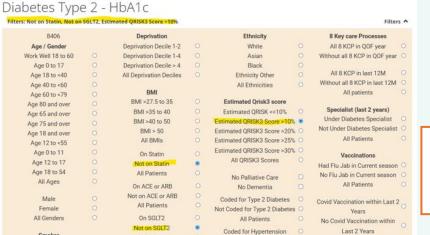


#### **Diabetes Type 2 Hubs**

#### With filters - Opportunities to optimise DM management and statin prevention







By applying the filter of

- Estimated QRISK > 10%,
- Not on Statin and
- Not on SGLT-2

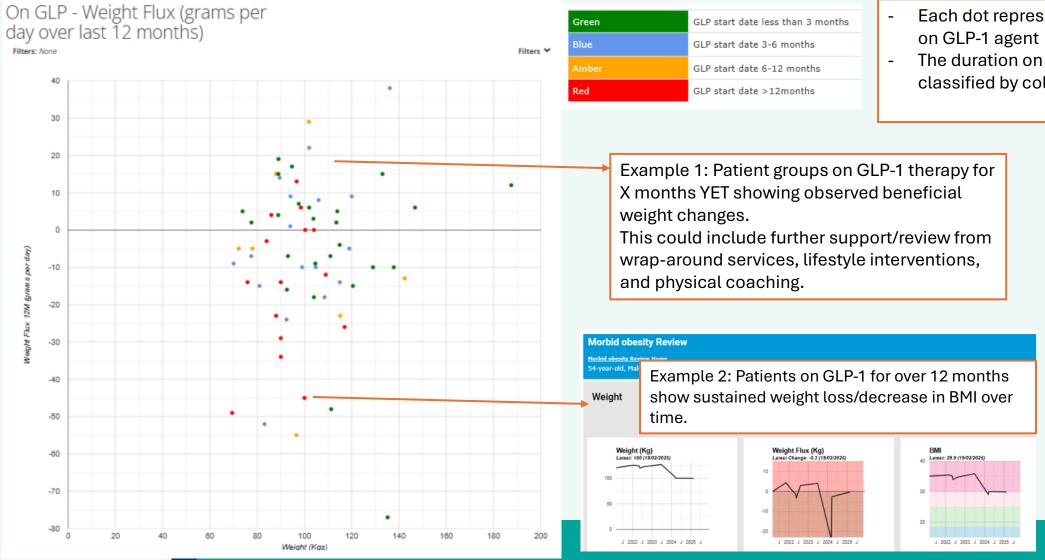
#### Rationale:

- -NG28 indicates "Assess HbA1c, cardiovascular risk and kidney function. For T2D pt with high risk of CVD QRISK2 of 10% or higher or elevated lifetime risk, and as soon as metformin tolerability is confirmed, consider offer SGLT-2" (Ref)
- Summary of National Guidance for Lipid Management suggests "Type 2 diabetes & QRISK ≥10% over next 10 years, If lifestyle modification is ineffective or inappropriate, discuss the risks and benefits of statins, and offer treatment based on an informed shared-decision. Atorvastatin 20mg daily" (Ref)

Opportunities to optimise DM management and statin prevention?

# Somerset

## On Glucagon-like peptide-1 receptor agonists & Weight Flux



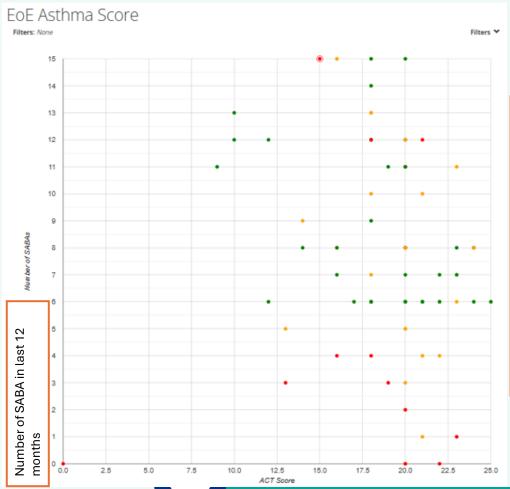
The duration on GLP-1 are subclassified by colour



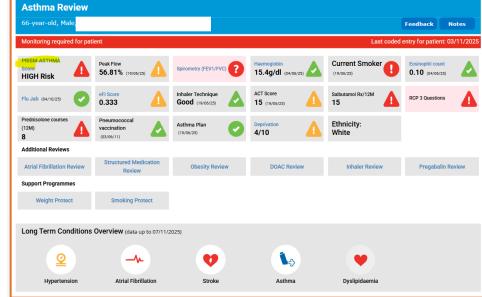
#### Asthma – SABA & ACT







The plot helps quickly identify asthma patients and visualises their ACT scores against SABA and oral steroid (Pred) use.









# **Eclipse SMR Live**

SMR Live provides an additional and essential SMR delivery tool that will empower PCNs and Practices to optimise their delivery of quality SMRs whilst enabling the scale of reviews required in the current NHS environment





PCN DES Contract - Ref

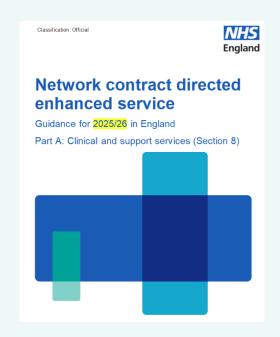
2.2.4 The DES specification states that PCNs must "detail the measures a PCN will take to improve medicines optimist including ensuring medicines management and use of Structured Medication Reviews for high-risk cohorts, as specified in the guidance.

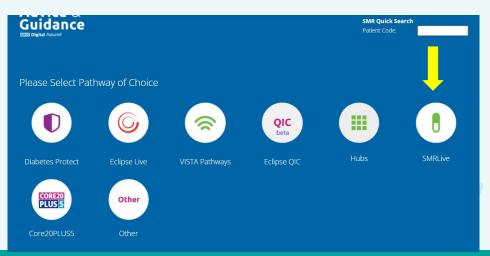
This should include medicines optimisation strategies for reducing polypharmacy, minimising risk of prescribing harm, reducing over-prescribing and managing the risk of dependency on prescription drugs".

2.2.6 PCNs should use appropriate tools to identify and prioritise patients who they deem high risk from their population, and would benefit from a SMR, which is expected to include those people where there is evidence of benefit including, but not restricted to, those:

- in care homes;
- with learning disabilities;
- with complex and problematic polypharmacy, specifically those on 10 or more medications;
- on medicines commonly associated with medication errors and risk of harm;
- with severe frailty who are particularly isolated or housebound or who have had recent hospital admissions and/or falls;
- using one or more medicines associated with **dependence or withdrawal symptoms**, from the following groups: antidepressants; opioids; gabapentinoids; benzodiazepines; and Z-drugs.









#### **Priority SMRs:**

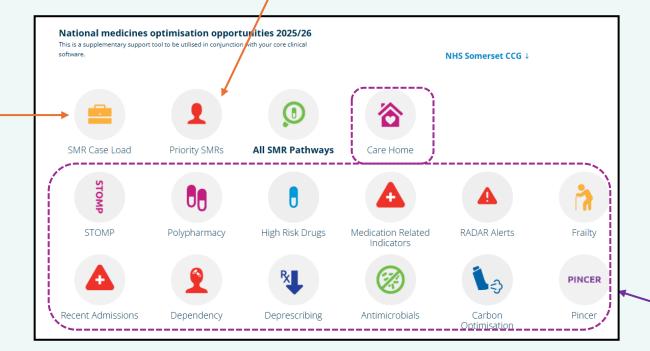
Automatically risk stratify your patients, using different parameters that constitute the need for a structured medication review. Each parameter is weighted to produce an overall SMR Risk Score.

## NHS Somerset

#### Case Load:

Overview of all patients meeting one or more SMR criteria. You will see a very large number of reviews needed to comply with national requirements.

Around 20% of patients are in need of a structured medication review creating a large workload to optimise these groups. SMR Live is designed to provide capacity management and prioritisation.



Patients suitable for an SMR by cohort as per DES contract 2.2.6 to facilities focused local SMR/QI work



## **Priority Patient for SMR**





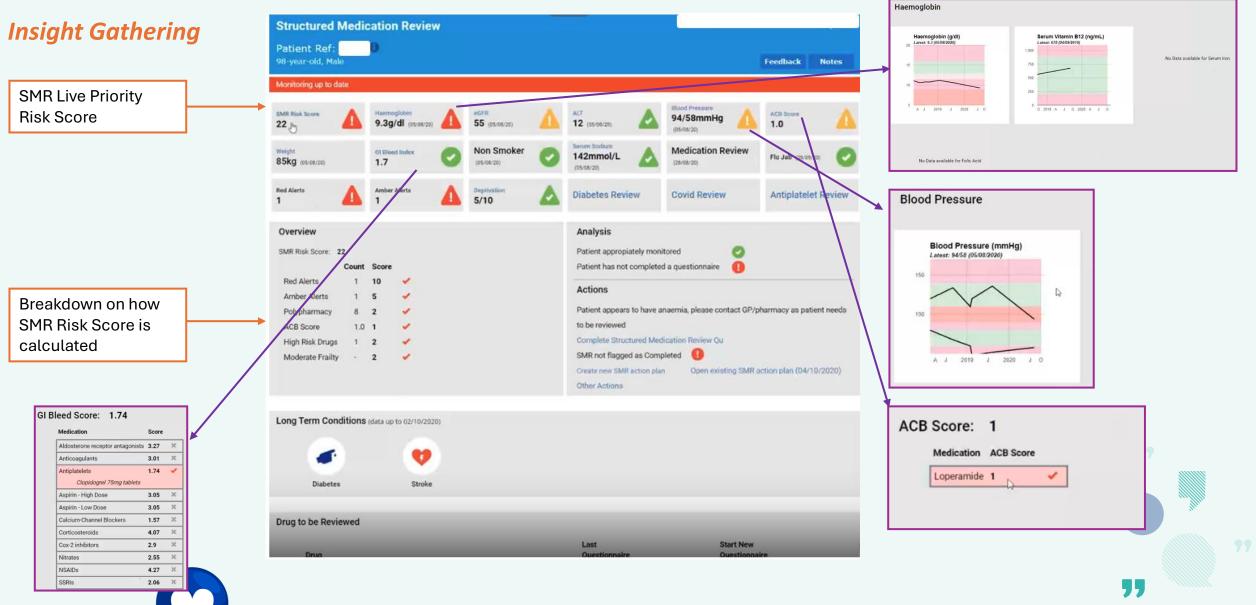
																Export Se	lected Row	s to XLS	Export All	Rows to X
•	Smurf Review	Ref	Age	Sex	Red Alerta (pts)	Amber Alerts (pts)	Polypharmacy (pts)	ACB (pts)	High Risk Drugs (pts)	Deprescribing (pts)	Addiction (pts)	Severe Frailty (pts)	Moderate Frailty (pts)	Learning Disability (pts)	Priority Groups (pts)	Emergency Admissions (pts)	SMR Total Points	Last Smurf Questionnaire	SMR Complete	SMR Action Plan
	Q		55	М	.0	Q	5	0	2	U	2	ū	Ü	0	0.	95	104	ж	01/10/2020	01/10/2020
	Q		70	F	0	0	5	0	2	0	- 0	0	0	9	0	25	38		60/10/2629	02/10/2020
	Q	1	73	М	70	0	2	0	0	0	0	5	0	0	G	20	37	*	×	
	Q		86	F	10	5	5	2	0	0	2	0	0	ū	0	5	29	×	×	
0	Q		82	F	10	0	2	1	0	0	0	5	0	Ø	0	10	28	*	×	
ho na ou	ce a osen, gnify u to tl ge.	, clic	kin glas	g o s b	n the	e s		,	with Prio	shows a in this s rity Scor st of risk	ubcat re brea	egoi akdo	y.		i	down ir variety	nto pri of fact of an	s patier ority bas tors. The SMR are	sed of ose mo	a ost

Red Alerts:	10 points per alert	Severe Frailty:	5 points
Amber Alerts:	5 points per alert	Moderate Frailty:	2 points
Blue Alerts:	3 points per alert	Learning Disability:	10 points
Polypharmacy: >= 15 :	10 points	Poor drug compliance:	5 points
between 12 and 14: between 10 and 11:	7 points 5 points	Priority Groups: Medication Related India	cators
ACB Score:1 point for ea	ch ACB score	510.4	
High Risk Drugs:		GIB01 GIB02	3 points 3 points
On a DOAC On NSAIDs	3 points	GIBO3 GIBCI	3 points
On Warfarin	3 points 3 points	PAINO1	3 points 3 points
On Antiplatelets	3 points	PAINO2	3 points
On Neuroleptics	3 points	PAINO2	3 points
On DMARDs	3 points	FRACO1b	3 points
On Immunosuppressant dru		FRACO2b	3 points
On Lithium	3 points	FRAC03b	3 points
On Carbimazole	3 points	FRACUSD	3 points
On Aminosalicylate	3 points	Emergency Admissions*	*-
On Loop diuretic	3 points	APC Emergency Admissions	
On Antidepressant	3 points	A&E Admission	5 points per admission
Deprescribing:	1 Point each	Deprivation Decile*:	
(to Deprescribe as Not Cost	t-effective)	Deprivation decile 1-2:	4 points
		Deprivation decile 3-4:	3 points
Dependency:		Deprivation decile 5-6:	2 points
Pregabalin	3 points	Deprivation decile 7-8:	1 points
Opiates	3 points		
Current Smoker	3 points		
High Alcohol Intake	3 points		
Z-drug Benzodiazepine	3 points		

The Eclipse SMR Risk Score has been developed to prioritise SMR activity based on given clinical and outcome markers. This will be subject to ongoing review and all feedback is welcome to be shared with the eclipse team.







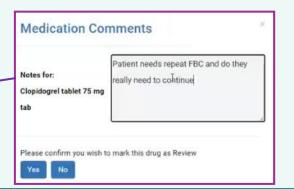
#### **Insight Gathering**





Click "Review" button to document relevant SMR comment/suggested action

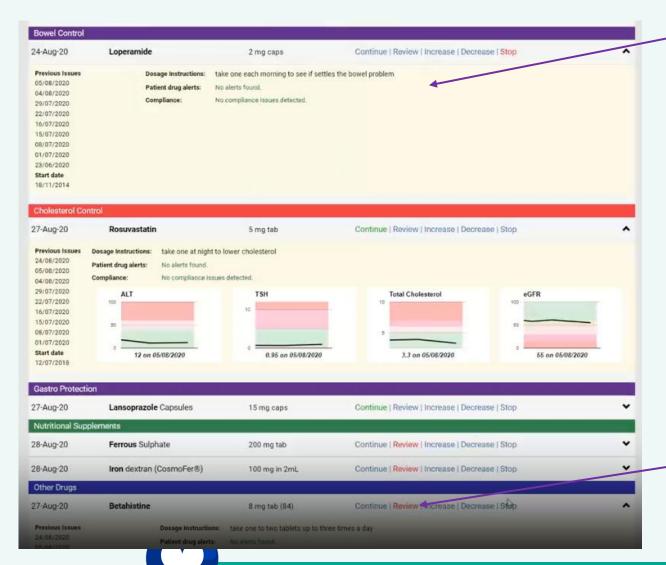
Illustrate Previous Issues & any relevant compliance concern



Illustrate number of alert and trend on Hb etc.



#### **Insight Gathering**





Is Loperamide on Repeat or Acute? Do we really need this? Diarrhoea related to Iron tablet or metformin?

Notes for: Betahistine 8 mg tab (84)	Dizziness could be related to low BP - please consider stopping

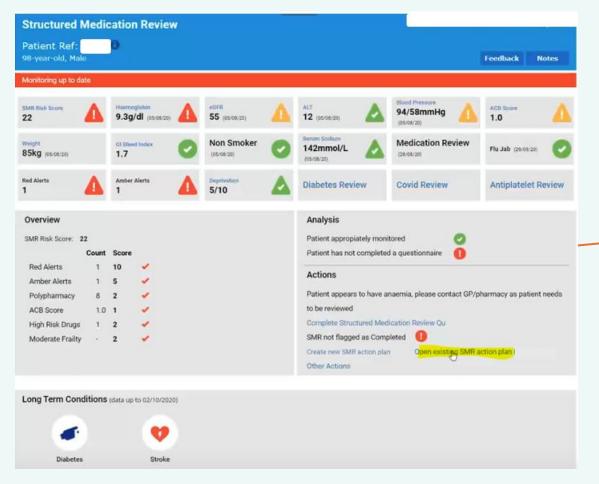
Review use of Betahistine? Could dizziness be related to low BP?

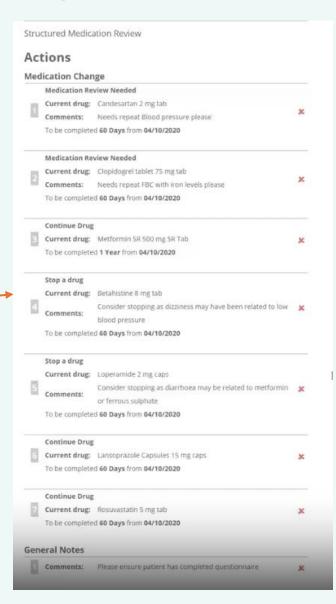


71



#### **Insight Gathering**







List of Summary SMR Live review comments/suggested action then can be outputted for relevant clinician's review/action.

#### **SMR Live enables:**

- 1: Identification of the SMR Case Load.
- 2: Prioritisation and capacity management.
- 3: Ease of required SMR insight gathering.
- 4: Standardised SMR action plan creation.
- 5: Optimisation of wider SMR activity.



# How to set up users for Eclipse NHS Pathway for SMR Live

To access relevant information and support: Visit <a href="https://secure.nhspathways.org">https://secure.nhspathways.org</a>

when using HSCN/N3. Log in with your existing Eclipse username and password. If you do not have login credentials, please contact the support team at support@prescribingservices.org

#### **Practice Level:**

Practice level log in requests have to be authorised by either the Practice Manager / Lead GP or Primary Contact listed on the original sign up form and should be sent to <a href="mailto:support@prescribingservices.org">support@prescribingservices.org</a> for Information Governance purposes.

#### **PCN Level:**

PCN User log in requests are available from <a href="mailto:support@prescribingservices.org">support@prescribingservices.org</a>

This will require an authorised PCN representative to complete the request form in full with all intended users listed.

#### **Health Innovation Network SMR Rescoures**



#### **Health Innovation Network Resources:**

Resources to support patients having a Structured Medication Review - The Health Innovation Network

These materials are free to use and can be printed and used in paper format, or shared electronically with patients by email, text or any other electronic systems used within your workplace.

<u>Patient Information Resources - The Health Innovation</u> <u>Network</u>

The resources are available in a range of languages, including audio versions for visually impaired people and easy read versions for people with learning disabilities

Care home resources to support patients having a Structured Medication Review - The Health Innovation Network

These include staff posters, SMR invitation letter for residents and relatives. Supporting resources in safely stopping your medicine leaflet for staff & relatives.









# Thank you for your time and attention

**Questions & Discussion** 



