

SOMERSET MATERNITY EQUITY & EQUALITY – KEY FINDINGS

1

CREATING EQUITY

Women / birthing people from ethnically diverse communities have poorer outcomes

2

ACCESS TO SERVICES

Women / birthing people in underserved communities and areas of deprivation have poorer outcomes

3

LINKS TO HEALTH

Some of these outcomes can be linked to implicit bias, smoking, obesity, and mental health



SOMERSET MATERNITY EQUITY & EQUALITY- KEY ACTIONS



PERSONALISED SUPPORT

Support for women / birthing people from ethnically diverse communities including:

- Implicit bias and cultural awareness training for all staff
- Personalised care that meets the cultural and health needs of the woman / birthing person to ensure the best outcomes



CULTURE

Consider the impact of culture, ethnicity and language in all that we do



DIVERSITY

Create a safe workplace culture that welcomes, encourages, and thrives on diversity and individualism



MONITORING

Improve data quality for more robust monitoring



DIABETES PREVENTION PROGRAMMES

To ensure all women / birthing people with a history of gestational diabetes can access the diabetes prevention programme



ENSURE VOICES ARE HEARD

Work with the Somerset Maternity Voices Partnership to ensure everyone is heard and considered when developing and reviewing services



PERSONAL CARE & SUPPORT PLAN

All women and birthing people will have a Personalised Care and Support Plan for their maternity journey, to support choice and informed decision making at every step



CONTINUITY OF CARE

Plan to provide continuity of carer in Somerset starting with those who will benefit the most



HEALTH & WELLBEING

Improve the information and support of wellbeing, healthy eating and physical activity



BREASTFEEDING

Develop a breastfeeding strategy to ensure all women / birthing people who wish to breastfeed get the support they need