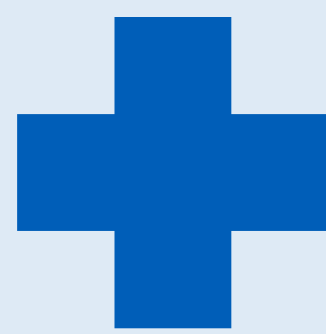


Less Is More in COPD: Moving from Two Inhalers to One

Existing Treatment Regime

ICS / LABA

Such as Fostair, Symbicort,
Luforbec, Flutiform



LAMA

Such as

Eklira Genuair (aclidinium)
Incruse Ellipta (umeclidinium)
Seebri Breezhaler (glycopyrronium)
Spiriva / Tiogiva / Trokide/ Acopair / Braltus
(tiotropium)

Suggested Treatment Regime

Consider condensing regime into a triple
inhaler

Trelegy Ellipta dpi

Trimbow Nexthaler dpi

Trixeo Aerosphere mdi*

Trimbow mdi*

Refer to the list of inhalers in the
formulary [Venn Diagram](#)



This suggested change is only for patients with a
diagnosis of COPD. Do not use this guidance for
asthma patients who use a MART regime.



Choose the most suitable inhaler for the patient.
Consider inspiratory flow and inhaler technique.



Low carbon footprint.



High carbon footprint.

*All metered dose inhalers (mdi) must be used with a spacer.

¹ [All Wales COPD Management and Prescribing Guideline](#)