

When you think you need A&E, contact NHS 111 by phone or online.

NHS 111 is free and is available 24 hours a day, 7 days a week. Depending on the situation, we can:

- Book you in to be seen quickly and safely, at an Accident & Emergency (A&E) / Emergency Department.
- Direct you to an alternative, more appropriate local service, such as an urgent care centre
- Connect you to a nurse, emergency dentist, pharmacist or GP
- Arrange a face-to-face appointment, if required
- Tell you how to get any medicine you need
- Help you with self-care advice

Contacting 111 first will help us manage the number of people in A&E / Emergency Department waiting rooms and maintain social distancing. It will also ensure that you receive the right care in the right place, in a more timely way.

If you or someone you know is experiencing a life-threatening medical emergency, you should still attend A&E or call 999 immediately.

JUST THINK 111 FIRST

Go to 111.nhs.uk or call 111

Also available by NHS 111 British Sign Language interpreter service at nhs.uk/111 and textphone on 18001 111.

