

Patient Information

Changing Your Name and Gender

To change your name, title and/or gender marker on your medical record you should speak to your GP surgery, some may have a form to complete to do this.

* you do not need to have undergone reassignment in order to do this.

If you change your gender, this means that you will be given a new NHS number and you will be registered as a new patient at the practice. All your previous medical information will be transferred into a newly created medical record in a closed file.

* Any information related to your previous identity, such as name and gender terms, will NOT be included in your new record.

Your GP practice will then notify Primary Care Support England that you wish to change your gender. They will then send a new medical record envelope to the practice for your new medical notes.

Be aware that if you change your gender, you will not be invited to some cancer screening procedures that are relevant to you, you will find information on this below.

“What Happens if I am unhappy with anything?”

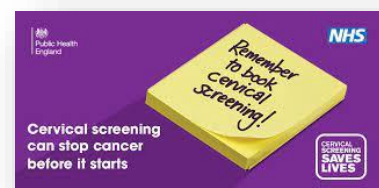
Every surgery endeavour to ensure that all patients are dealt with considerately and fairly. If you feel this is not the case and you are unhappy with either the way you have been treated or how your request has been processed then let your GP practice know so they can put it right. You can speak to your GP or your practice may have a designated person who supports people who wish to change their gender. If you are still unhappy then you can ask to speak to the practice manager.

Cancer Screening

If you have changed your gender on your medical record it is important to note that you will not automatically be sent invitations for cancer screening that you may need.

Cervical Screening

Anyone aged 25 -65 who is registered as female on their medical records will be invited for a cervical smear test (if they have not opted out previously). If you still have a cervix and have not been invited for this, then you can make an appointment with your GP to have a test.



Breast Screening

If you are registered as female and aged over 50 you will be invited for breast screening every 3 years. If you are not invited and still have breast tissue you can request a referral for a mammogram.

Abdominal Aortic Aneurysm Screening

Patients registered as male aged 65 will be invited for this. If you have not been invited you can request this from your GP.

*This is only required by those who were male at birth.

Prostate Testing

Trans women and non-binary people may still have a prostate (see below**) so still carry the risk of the possibility of prostate cancer. If you have any concerns, you can request to have your PSA checked by your GP.

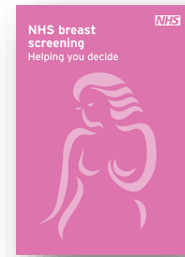
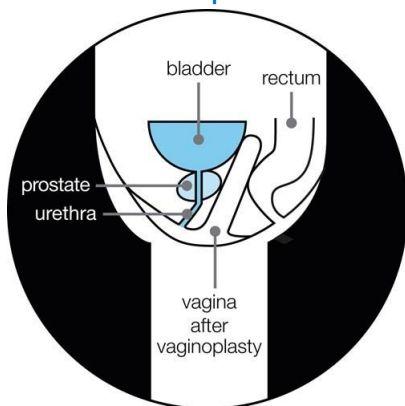
Do trans women have a prostate?

Yes, trans women have a prostate – the prostate is a gland that sits underneath the bladder and surrounds the urethra, which is the tube that carries urine (wee) out of the body.

The prostate is not removed as part of genital reconstructive surgery because of the risk of side effects such as urinary problems and damage to nerves.

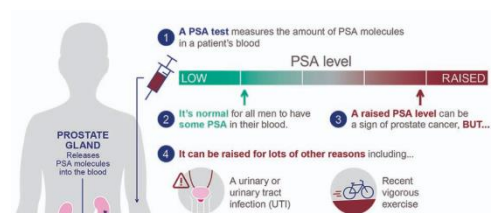
The diagram below shows where the prostate is in someone who has had genital reconstructive surgery that includes the formation of a vagina (vaginoplasty).

Where is the prostate in a trans woman after vaginoplasty?



Screening Programmes

Abdominal Aortic Aneurysm



Can trans women get prostate cancer?

Yes, trans women and non-binary people assigned male at birth can get prostate cancer. There aren't many studies of prostate cancer in trans women but they suggest that there is a lower risk than in cis men.

Information Courtesy of Prostate Cancer UK.

You can access further information on cancer screening for trans people here:



<https://www.cancerresearchuk.org/about-cancer/cancer-symptoms/spot-cancer-early/screening/trans-and-non-binary-cancer-screening#screening10>

<https://prostatecanceruk.org/prostate-information/are-you-at-risk/trans-women-and-prostate-cancer>

<https://livethroughthis.co.uk/tnbgd-screening/>

Which Screening?		
	Trans woman	Trans Man
Breast screening	✓	✓ (If you still have breast tissue*)
Cervical Screening	✗	✓ (If you still have cervix*)
Abdominal Aortic Aneurysm (AAA) screening	✓	? (If you are registered as a male at your GP practice you will be invited for AAA but do not have a high risk of AAA)
Bowel screening	✓	✓

*Will need to be requested if you are registered as male at your GP practice

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**Taunton Deane West
Primary Care Network**



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