

RBL Helpline

Any questions?
Please don't hesitate to get in touch.

0808 802 8080

Our lines are open 8am – 8pm, Monday to Sunday

Alternatively, you can email us on
ANSupport@britishlegion.org.uk



The Royal British Legion Admiral Nurse service

Supporting carers and families of those living
with dementia



Royal British Legion, Haig House, 199 Borough High Street, London SE1 1AA | 0808 802 8080 | rbl.org.uk
Registered charity number: 219279
(Calls are free from UK landlines and main mobile networks)



We're here to help

The Royal British Legion Admiral Nurse service offers specialist support and advice to families caring for people living with dementia.

The service aims to help family carers gain the skills needed to assist with their loved one's care and promotes a positive approach to living well with dementia. As registered nurses specialising in dementia, Admiral Nurses help carers improve their quality of life, which in turn improves the life of the person they're caring for, and the wider family too.

Every circumstance is different, and our service provision reflects that. Depending on assessed need, families can access help in a variety of ways including telephone or face to face support, and through clinics attached to RBL care homes and other venues.

We work with our partner Dementia UK, a national charity focused on supporting carers of people living with dementia.



Are you eligible?

To qualify for this service, the family carer or the person living with dementia needs to be a beneficiary of the RBL.

Beneficiaries are those who have served in the British Armed Forces and their immediate family and carers.



How can this service help you?

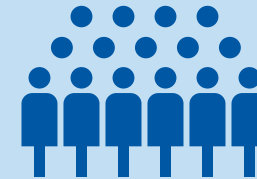
RBL Admiral Nurses work in partnership with carers, families and people living with dementia. The services they offer include:



Person-centred assessments of the needs of the carers, families and individuals living with dementia



Psychological support to help with feelings and emotions



Therapeutic, educational and social support **carer groups**



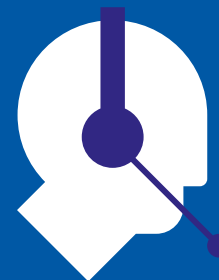
Helping carers to develop and improve skills in care giving



Liaison with other professionals and organisations to ensure that families obtain coordinated support



Guidance on how appropriate services and sources of support can be accessed locally



Admiral Nurses can connect you to further RBL advice and support across matters such as finance, physical and mental wellbeing, social issues, employment, housing and independent living.