HAVE YOUR SAY: Choose where you would like to get care and support

Moving services from big hospitals to local communities is a key priority for the NHS in Somerset. Help us design the future by sharing your views in these two scenarios ...

Pauline, 70, recently had a fall at home and was taken to her local acute hospital – for example, Yeovil Hospital or Musgrove Park Hospital in Taunton – where she had a successful operation on a broken leg.

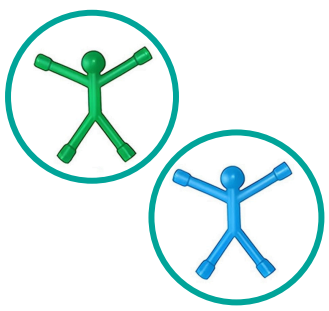
Pauline lives alone and loves gardening – what matters to her is getting back among the flower beds as soon as possible, but she needs a period of reablement and rehabilitation to regain full use of her leg and rebuild her confidence.

Take a look at the separate information provided, which describes the services we would like to offer in different locations:

- Acute Hospital
- Community health and wellbeing hub
- Care home
- Local community centre
- Patient's own home

Scenario 1

If you were Pauline, or if she were a friend or relation, where do think she should be for period of reablement and rehabilitation? Place your **blue/green** magnetic character in the relevant box below the map to show your choice.



Scenario 2

While in the acute hospital for her operation, routine tests showed that Pauline had signs of the early stages of dementia.

The hospital lets her GP know, but she doesn't need additional NHS care for now.

However, support with managing her condition, and the company of others, would give her reassurance and more knowledge on how to look after herself.

Chose where you think Pauline should get the help she needs – show your choice by adding your **red/pink/yellow magnetic** character to box below the map to show your choice

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In our scenarios, Pauline, 70, has had an operation on her hip after a fall and is also showing signs of early stages dementia. Read this information to help you decide where she should receive the care and support she needs ...

Patient's own home

- The NHS now offers a range of services to help people recover and live well at home. A team of health and care professionals assess individual needs and arrange the right support.
- Technology plays a growing role – Hospital@Home allows patients to be remotely monitored by experienced clinicians like consultants, nurses, and therapists.
- Care staff aren't around all the time but recovering at home can speed up a return to normal daily life

Village hall or community centre

- In Somerset, we're expanding 'Integrated Neighbourhood Teams' – groups of professionals from across health, social care, and the voluntary sector who work together to support local people.
- Using tools like AI, they identify people needing extra help early, aiming to keep them well and avoid hospital care. Services can be delivered in places like GP surgeries, village halls, or community centres.
- The focus is on early support to stay well, not just treating illness.

Short-term care home stay

- Short-term NHS-funded care home stays support recovery after hospital discharge. These placements of a few weeks help people regain independence before returning home, focusing on rehabilitation and daily living skills.
- It's an unfamiliar environment but there is ongoing support and supervision, as well as the opportunity to socialise.

Community health & wellbeing Hub

- We plan to develop centres offering a range of health and wellbeing services from the NHS and other organisations, tailored to local needs, potentially using community hospital buildings. Services could include inpatient beds, outpatient clinics, support groups, and advice services.
- For anyone staying overnight, there is the risk of mental and physical decline and a danger of picking up a hospital-acquired infection but there would be access to NHS clinicians with lots of services under one roof

Acute hospital

- An inpatient ward at a main hospital like Musgrove Park Hospital in Taunton or Yeovil Hospital provides care for those with higher needs, with access to specialists and 24/7 supervision.
- There is the risk of mental and physical decline and it's often harder and pricey to park for visitors but there is on-site access to specialists and services