

Minutes of the **Somerset ICS Medicines Optimisation Committee** held via Microsoft Teams, on **Wednesday, 24th January 2024**.

Present:	Dr Andrew Tresidder (AT)	Chair, NHS Somerset GP Patient Safety Lead
	Shaun Green (SG)	Deputy Director of Clinical Effectiveness and Medicines Management, NHS Somerset
	Michael Lennox (ML)	LPC Representative
	Sam Morris (SM)	Medicines Manager, NHS Somerset
	Andrew Prowse (AP)	Director of Pharmacy, SFT
	Caroline Taylor (CT)	Prescribing Technician, NHS Somerset
	Emma Waller (EW)	Clinical Pharmacist, Yeovil PCN
	Antony Zorzi (AZ)	Associate Director of Pharmacy, SFT

1 INTRODUCTIONS & APOLOGIES FOR ABSENCE

Apologies: Laura Picton.

Introductions:

Leanne Guile, Respiratory Hospital @ Home NHS SomersetFT
 Fiona Green, Lead ACP Frailty Hospital @ Home, NHS SomersetFT
 Rachel Palmer, Lead Genomics Pharmacist, NHS Southwest Genomic Medicine Service Alliance

2 REGISTER OF MEMBERS' INTERESTS

The Somerset ICS Medicines Optimisation Committee received the Register of Members' Interests relevant to its membership.

There were no amendments to the Register.

The Somerset ICS Medicines Optimisation Committee noted the Register of Members' Interests.

3 DECLARATIONS OF INTEREST RELATING TO ITEMS ON THE AGENDA

3.1

Under the ICB's arrangements for managing conflicts of interest, any member making a declaration of interest is able to participate in the discussion of the particular agenda item concerned, where appropriate, but is excluded from the decision-making and voting process if a vote is required. In these circumstances, there must be confirmation that the meeting remains quorate in order for voting to proceed. If a conflict of interest is declared by the Chairman, the agenda item in question would be chaired by a nominated member of the Somerset ICS Medicines Optimisation Committee.

NHS Somerset ICB Declarations of Interest

We do not currently have a declarations of interest database as this has now been decommissioned. Whilst we implement a new database, which means testing the market for the product, we are implementing a manual process. If you need to update your declarations, could you please email these changes to the following email address: somicb.declarations@nhs.net

We will then record these changes.

There were no declarations of interest relating to items on the agenda.

4 MINUTES OF THE MEETING HELD ON 29th November 2023

4.1 The Minutes of the meeting held on 29th November were agreed as a correct record.

4.2 Review of action point(s)

ML shared a copy of the Population Health Transformation presentation and CT circulated to committee members.

5 Matters Arising

It was suggested that the committee would benefit from the inclusion of pharmacy technicians, having a technician's point of view on medicines optimisation would be valuable.

Members agreed to widen the SIMO membership to potentially include a trust based and Primary Care Network (PCN) technician.

Also, open invite to Symphony Healthcare Services pharmacy technicians.

EW currently creating a Somerset wide PCN pharmacists' group, Emma will invite PCN technicians to join.

6 Items for Discussion

6.1 Committee members asked to share their priorities for 2024-2025

Community Pharmacy: raising awareness and appreciation to the public of the new advanced care pathways within Pharmacy First, this will take some pressure from our GP colleagues. Support IP pathfinder within PCNs.

Trust: AP shared 'Pharmacy Strategy Update / Key Priorities for 2024' details on screen: Includes

- ✓ Driving integration creating one Pharmacy service for SomersetFT
- ✓ Roll out better electronic Prescribing & Medicines Administration (ePMA)
- ✓ Deployment of Electronic Prescribing Service (EPS) in February
- ✓ Roll out of ward-based discharge service for CH/MH (February) & MPH (Autumn)
- ✓ Increase pipeline of trainee Pharmacists and technicians (February and August) & supporting undergraduate's clinical programme
- ✓ Review of operational hours @ MPH
- ✓ Transformation of MPH Aseptic unit
- ✓ Temperature monitoring of medicines
- ✓ Financial efficiencies

PCN: BRAVE AI, which uses Artificial Intelligence to monitor wellbeing, is being used across four PCNs in Somerset. Patients are given a score (red, amber, green) which is used to highlight those who may be at risk of needing to go to hospital. Pharmacists can visit these patients looking at medications etc. PCNs are not able to access the Rio electronic patient records system for community, mental and child health providers i.e. Health visitor teams.

General discussion took place on the below topics:

Number of Independent Prescribers increasing, it would be good to see more pharmacists prescribing within trusts. Those in post carrying out generalised prescribing rather than specialist prescribing e.g. rheumatology, gastroenterology. Work in progress.

Concurred that the priorities identified are great patient centred improvements.

7 **System Medicines Optimisation Work Stream Focus, updates & priorities for ICB, trusts and community pharmacy**

7.1

Respiratory, Hospital@Home, presented by Leanne Guile

Slides shared on screen covering:

- ✓ Explaining how the service, which has been running for a year
- ✓ Patients they see tend to be further along their disease state
- ✓ Addressing the under /overuse of rescue medications
- ✓ Looking at the appropriateness of nebulisers
- ✓ Prescribing on FP10s presently moving towards BetterPortal

Issues raised by the service:

- patients are having their inhalers switched by practices without being informed
- not enough prescribers within the service

To form links with Steve Moore, ICB Pharmacist, and ML Community Pharmacy to actively support service around out of stock issues, resources etc.

Share Steve & Michaels email addresses with Leanne & Fiona Action: CT

Frailty, Hospital@Home, presented by Lead ACP, Fiona Green

Slides shared on screen covering:

- ✓ Understanding of FRAILTY
- ✓ Explored the impact of FRAILTY and PRESCRIBING
- ✓ Identified the principles of Hospital@Home
- ✓ Understanding of the referral criteria
- ✓ Sharing of Patient stories to evidence the benefits
- ✓ Vision and aim for deprescribing focus within Somerset

District Nurses and Rapid Response help immensely with the H@H service.

Issues raised by the service:

- patients who have had their inhalers switched by GP practices informed this is a cost-issue reason.

Leanne & Fiona were thanked for their very interesting and informative presentations.

7.2 **IMOC Genomics update on developments.**

Rachel shared her slides on screen, unfortunately due to time constraints only a brief update was able to be given.

Items included:

- ✓ baseline & point of care testing / annual review
- ✓ CYP2C19 & clopidogrel
- ✓ Primary care - tricyclic antidepressants, selective serotonin reuptake inhibitors, statins, proton pump inhibitors

Rachel to attend a future SIMO meeting and give an in-depth presentation.

Liaise with Rachel around suitable date. Action: CT

8 Other Issues for Noting

8.1 Planned pharmacy closures and reduction in hours

-Noted

8.2 Final PGDs etc for Pharmacy First

-For information

8.3 Independent prescribing update

Four Community Pharmacy sites progressing through registration.

Three IT systems involved, none yet up and operating.

9 Workforce

9.1 Update from ICB, trusts and community pharmacy

ML raised an action request for SIMO colleagues: ref feedback on pharmacy workforce primary care project lead

After the meeting Michael circulated by email, for feedback & comments, two DRAFT documents

'Proposal for a Somerset pharmacy workforce programme lead' and role profile for primary care pharmacy workforce lead.

Deadline for feedback 30.01.2024

9.2 Foundation year Independent prescribing Pharmacists - inclusion of GP practice sites

-Noted

9.3 Community pharmacy workforce update on new project delivery proposal for 24/25

-Deferred to March meeting

9.4 Pharmacy genomic workforce

-Deferred to March meeting

10 Regional Medicines Optimisation Work Streams

10.1 RMO currently paused, will bring back feedback in due course.

11 System Risk Review and Management

Medicines Safety Officers from ICB & trust to meet to discuss on a more frequent, planned basis.

12 Any other business

-Nothing raised

DATE OF NEXT MEETING

27th March 2024