

Sip Feed Comparison Chart

General Practitioners are reminded that the ACBS recommends products on the basis that they may be regarded as drugs for the management of specified conditions. When reviewing patients prescribed sip feeds consideration should be given to why and how long patients have had sips for. Stop rather than switch if a clinical need no longer applies. Prescriptions should be acute only not placed on repeat. This will help reduce waste and decrease prescribing costs. Starter packs should only be used to find out what flavours a patient likes when initiating sip feeds.

Food supplements:

Standard ACBS indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of under-nourished patients, proven inflammatory bowel disease following total gastrectomy, bowel fistulas, or disease-related malnutrition and dysphagia. **The patient must meet one of these indications and this should be written on their record along with the aim of treatment and records of weight.** Practitioners should assess nutritional status before starting use of food supplements and offer advice about enriching nutritional value of normal diet, trialing a food first approach. This includes care home patients.

Malnutrition Universal Screening Tool (MUST) available for community patients and care home residents. For more detailed information please see [BAPEN MUST](#).

[Patient Webinars](#) developed by Somerset Community Dietitians provides webinars and printable resources to support self-management of various conditions including malnutrition.

Renal patients - Please be cautious when reviewing haemodialysis patients with confirmed malnutrition / fluid restrictions. Guidance can be found on the Medicines Management [Nutrition and Hydration](#) page.

Paediatric patients – Please be cautious if reviewing paediatric patients. There are no formulary recommendations for paediatric patients due to it being a specialised area that requires dietetic review and assessment.

Following a Food First approach, patients who may be initiated on compact sip feeds as inpatients include:

Those with clinical need:	Without trial of normal sip/ powder based: <ul style="list-style-type: none"> • confirmed haemodialysis patients or those on fluid restricted diets • severe cardio-respiratory disease or illness • ascites • short bowel syndrome or high output stoma • eating disorders
Those with <u>confirmed</u> clinical need:	After failed trial of normal volume sip/ powder based: <ul style="list-style-type: none"> • cancer • frailty

Feed thickeners – Please follow Speech and Language Therapy treatment plan. See the [Somerset Prescribing Formulary](#) for formulary choices.

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Supplement Style	Additional Features	Products on formulary	Approx kcal per serving	Price per unit	Flavour	Similar products not on formulary/ price per unit	Comments
Powder to add to food or drink		Pro-Cal® powder	100	£0.85	neutral		Add to food and drink to enhance energy and protein content.
Milkshake	Powdered	AYMES® Shake	383	£0.52	6	Calshake® powder £2.89 Enshake® £3.20 Scandishake® Mix £3.07	For those who can make up their own drinks, consume large volumes and purchase milk. Not all powdered supplements contain a full range of vitamins and minerals.
		Complan® Shake	380	£0.54	5		
		EnergieShake® Powder	381	£0.44	5		
		Ensure® Shake	386	£0.57	4		
		Foodlink® Complete	383	£0.52	5		
	Fresubin® Powder Extra	397	£0.73	4			
	Standard	Altraplen® Energy	300	£0.99	4	Resource® Energy £2.56 Fresubin® Original £2.94 Ensure® liquid £2.99	To meet basic energy and nutrient requirements and a preference for milk-based drinks.
AYMES® Complete		300	£1.11	4			
Fortisip® Bottle		300	£1.25	6			
Fresubin® Energy liquid		300	£1.49	8			
EnergieShake® Complete 1.5kcal		300	£1.01	4			
Ensure® Plus Milkshake Style		300	£1.33	9			
Fibre	AYMES® Shake Fibre sachets	375	£0.71	5	Ensure® Plus Fibre £2.67 Fresubin® Energy Fibre £2.56 Resource® Fibre 2.0 £2.51	For increased fibre requirements e.g. individuals suffering from constipation	
	Foodlink® Complete with Fibre sachet	397	£0.85	5			
Protein	AYMES® ActaGain 2.4 Complete Maxi	480	£1.41	3	Fortisip® Extra £2.82 Fortisip® 2kcal £2.33 Fresubin® Protein Energy £2.31 Fresubin® 2kcal Drink £2.25	With increased protein requirements e.g. elderly, wounds, post-operative, cancer	
2kcal/ml	EnergieShake 2.0	400	£1.52	3	Ensure® TwoCal £2.62 Fortisip® 2kcal £2.33 Fresubin® 2kcal Drink £2.31	A more energy dense ONS	
2.4kcal/ml	AYMES® ActaGain 2.4 Complete Maxi	480	£1.41	3		Energy dense ONS. Nutritionally complete in three servings.	

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Milkshake (continued)	Low volume	Altraplen® Compact	300	£1.39	4	Pro-Cal® shot £3.12 Fresubin® 5kcal shot £3.13 Calogen® Extra emulsion £5.20 Altrashot® £2.58	Do not switch confirmed haemodialysis patients on fluid restricted diets without discussing with dietitian. Patients with a confirmed clinical need only. Haemodialysis patients or those on fluid restricted diets, severe cardio-respiratory disease or illness, ascites, short bowel syndrome or high output stoma, eating disorders. Please first trial normal volume products with cancer and frailty patients.
		Altraplen® Compact Daily – one tetra contains 2x125ml servings	300	£1.60	4		
		AYMES® ActaGain 600 – one bottle contains 2x125ml servings	300	£1.60	3		
		AYMES® Shake Compact	320	£0.52	6		
		Calogen® Extra Shots 6x40ml	160	£1.04	2		
		Ensure® Compact	300	£1.56	4		
Low volume high protein	Low volume high protein	Foodlink® Complete Compact	318	£0.52	5	Fortisip® Compact Protein £2.29	
		Fortisip® Compact	300	£1.48	8		
		AYMES® ActaSolve Protein Compact sachet	312	£0.95	5		
Low volume with fibre	Low volume with fibre	Fresubin® 2kcal Mini	250	£1.33	3	Fortisip® Compact Fibre £2.46	
		Fresubin® 2kcal Fibre Mini	250	£1.39	2		
Juice	Standard	Altrajuce®	300	£1.89	4	Ensure® Plus Juice £2.40 Fortijuce® £2.12 Fresubin® Jucy £2.06	Juice style drinks. Gluten free. Contains milk protein.
		AYMES® ActaGain Juice	300	£1.70	2		
Vegan	Standard	AYMES® ActaSolve Smoothie sachet	297	£0.99	4		Gluten and lactose free. Vegan.
		Fortisip PlantBased	300	£1.54	2		
Yoghurt	Standard	Ensure® Plus yoghurt style	300	£1.39	2	Fortisip® Yogurt Style £2.60 Fresubin® YOcrème £2.57	Gluten free.
Dessert	Milk based	AYMES® ActaSolve Delight sachet	302	£1.05	3	Forticreme® Complete £2.30 Fresubin® 2kcal Crème £2.04 Ensure® Plus Crème £2.50 Nutricrem® £2.04	Cream style desserts
		AYMES® ActaCal Creme	188	£1.42	2		
		EnergieShake® Dessert	188	£1.10	2		
Soup	Standard	AYMES® ActaSolve Savoury sachet	250	£0.76	2	Meritene® Energis not ACBS approved £0.99	Soup style savoury flavours
Dysphagia patients	Please discuss dysphagia patients with a dietitian and choose the most cost effective product.						