

Two inhalers into one?

ICS /LABA

Such as Fostair, Symbicort, Sirdupla, Luforbec, Flutiform etc



Spiriva tiotropium Respimat



1320 patients in Somerset on this combination

Asthma

Does patient have SEVERE asthma and has had one or more severe exacerbations in last year and takes 800mcg or more BDP equivalent.¹

No

Yes

Consider deprescribing the Respimat and optimise the ICS/LABA

Consider condensing regime to a triple inhaler

Energair Breezhaler (DPI)

Trimbow 87/5/9 mdi

COPD

Does patient exacerbate 2 or more times per year²

COPD

Does patient exacerbate ≤ 1 per year and have low eosinophils (<0.3)²

Consider condensing regime into a triple inhaler

Trelegy Ellipta dpi

Trimbow Nexthaler dpi

Trimbow mdi

Trixeo Aerosphere mdi

Consider omitting ICS and giving LABA/LAMA dual bronchodilator

Anoro Ellipta

Ultibro Breezhaler

Duaklir Genuair

Spiolto Respimat mist

Bevespi Aerosphere mdi

Patients with symptoms of both asthma and COPD

Keep ICS and move to triple inhaler²

Only **Trimbow mdi** is licensed in both conditions, however, possibilities include:

Trelegy Ellipta dpi

Trimbow Nexthaler dpi

Trimbow mdi

Trixeo Aerosphere mdi

¹ [SPC Spiriva Respimat 2.5 microgram, inhalation solution](#)

² [All Wales COPD Management and Prescribing Guideline](#)

Asthma patients who use a MART regime cannot move to a triple inhaler and will need to keep two inhalers or deprescribe the Respimat as above.